



Thank you

We would like to thank each and every one of you for your continued support of Papworth Trust. It is never underestimated and it makes such a crucial and direct difference to the care and support we can provide.

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Top Tweets

@CambridgeWA

“Supported, yet empowering” “I am so strong and brave” Some of the lovely words chosen by those we work with in conjunction with @Papworth_Trust

@danny_runs_ob

Finally got a training run done in the sunshine !!!! #marathontraining papworthtrust @LondonMarathon #milesontheclock

@suffolkclean

An absolute pleasure to give @JRevitt from @Papworth_Trust a cheque for £500.... thank you to the ladies who helped me raise it too (you know who you are!). Such a worthy cause.



@JRevitt

Fantastic that so many former @ITFC former players were interested in @Papworth_Trust First Steps to Success programme and happy to sign our information pack

@suffolkclean

An absolute pleasure to give @JRevitt from @Papworth_Trust a cheque for £500.... thank you to the ladies who helped me raise it too (you know who you are!). Such a worthy cause.



@JRevitt

Huge thanks to @cosyclubipswich for supporting the work of @Papworth_Trust #ipswich. We are so grateful for your support and look forward to continuing to work with you this year



Around the centres



OWL Bikes settles in new home

OWL Bikes, our work-based project selling refurbished bikes and supporting local disabled people, can now be found in new premises in Hawthorn Way, Cambridge.

The much-valued project supports disabled people with employment and life skills while also offering refurbished bikes and bike repairs to the local community.

Previously based in Sawston, the charity said they were excited about moving to the heart of a vibrant cycling community.

OWL Bikes - which is open between 9am and 5pm, Monday to Friday, and Saturdays between 9am and 4pm - is always looking to support local disabled people through the project and is also looking for volunteers to help support the work.

If you would like to know more, please contact dan.eaton@papworthtrust.org.uk or call **01223 835329** or **07796 916230**.



March of the Mods

A fantastic fundraising event, organised by a member of Papworth Trust staff, has raised more than £600.

The 'March of the Mods' event in Ipswich was a great success with plans for another event in 2020.

It was organised by Darren Adamson, to raise money for both Papworth Trust and the Teenage Cancer Trust.

Next year's event will take place on **28th March 2020** – so make a note in your diaries!



NEXT YEAR'S EVENT

Empowering disabled people

One of the main aims of our day centres is to empower disabled people to live as independently as possible.

Among the many simple, but effective, steps to help achieve this aim has recently taken place at our Basildon Centre.

Staff put on domestic living and catering sessions to give them valuable skills which they can use in their own homes.

They also hold special themed days and a big thank you to staff at Asda who visited and supported our 'Australian day'.

Next up is an African day where customers will look at different cultures around the continent, take part in some themed arts and crafts and enjoy some yummy food.



First Steps to Success

Our First Steps to Success employment programme in Ipswich offers training, apprenticeships, work placements, volunteering and employment opportunities for unemployed adults with Autism and mild to moderate Learning Disabilities living in the Ipswich area.



How it can help

- Provide tailored one-to-one support with employment skills
- Build your confidence and personal development
- Support you with CV writing and applications
- Coach you on interview skills and techniques
- Work closely with employers and provide ongoing support
- Network with local organisations to increase learning and signposting opportunities

Find out more

www.papworthtrust.org.uk/work/first-steps-to-success



01480 357 215



www.papworthtrust.org.uk

Join us





Golfers get into the swing to support Papworth Trust

Golfers of all abilities were given the chance to pick up some professional tips during a fun event held to raise money for disability charity Papworth Trust. The Cambridge Golf Driving Range teamed up with the charity to host a special training evening at their base in Cowley Road.

Darren Scholes, the golf professional at the club, was joined by other Eastern County Region professionals to offer tips in exchange for a donation to Papworth Trust.

Darren said: "We wanted to support a charity on our doorstep and we are delighted with how the evening went.

"I would like to thank all my fellow professionals for their support and everyone who came along and donated to such a worthy cause."

Bespoke advice and tuition was given on swing tuning, longer drives and improved distance control as well as a driver masterclass.

To find out more about Cambridge Golf Driving Range, please visit: www.cambridgegolfdrivingrange.co.uk

Fundraising news from our supporters

We asked some of our corporate supporters why they support Papworth Trust. Here's a flavour of what they said...

"I have been involved in helping disabled and special needs adults groups coaching throughout my career and found the sessions so much fun and rewarding to help them all learn a new skill. Papworth Trust is a charity dedicated to helping disabled adults learn new skills to enable them to be more confident in themselves and to find possible future employment in our region. I was very excited to play a small part in helping raise funds for such an amazing cause. We can hopefully build on this golf experience and work closer together in the future."

Darren Scholes
Cambridge Golf Driving Range

"I was first invited to come and watch a play put on by Papworth Trust. It was amazing and was lovely to see how much it helps them to be together and do things that we take for granted. It was a pleasure to then support the charity."

Emma Felgate
Emma's Florist

Archway Carpets, based in Woodbridge, have chosen Papworth Trust to be a beneficiary of their 35th anniversary in business.

Over the next year, the carpets and flooring specialist will be completing 35 charitable acts of kindness in support of five different charities.

Sales Director Darrell Smith said he first heard of Papworth Trust through Jo Revitt, corporate partnership fundraiser, and he was delighted to support our work.

Some of the team at Archway Carpets have already registered an interest in taking part in 'Team Papworth' at this year's Orwell Walk (please see page 14 for more details).

To find out more about Archway Carpets, please visit www.archwaycarpets.co.uk

ARCHWAY CARPETS
30 years of experience at your feet

London Marathon 2019

Over the next four pages, we celebrate their achievements and some of the sights of 'Team Papworth' at the London Marathon 2019.



Our fantastic team of London Marathon runners all completed the 26.2 miles to help support our work with disabled people across the East of England.

The group of inspirational runners overcame any fears and pushed through the pain barrier during a hugely inspirational event which saw them cheered on by staff, trustees, friends and family.

The team included our CEO, Sarah Miller, who paid tribute to all the support and kind words she had received – using them as inspiration while completing her first marathon.

The whole of Papworth Trust would like to thank the intrepid team of Sarah, Laura Maslanka, Luke Burton, Sam Williman, Danny Hawkins, Jack Troutt, Tessa Minns, Harriet Johnson and Chris Bolt.



London Marathon 2019





Sunday 23rd June 2019

- Walk between 3 & 25 miles
- Trail marathon or half marathon
- Cycle either 5 or 15 miles
- Discover parts of Orwell Estuary you've not seen before
- Now in its 43rd year



Come and join our Papworth Trust team on this fantastic fun community event for all the family. To find out more email

jo.revitt@papworthtrust.org.uk to find out more

For over 100 years Papworth Trust has been supporting disabled people get the care, work and housing they need. We are very proud of our past. **Be part of our future.**



We have **more than 600** accessible homes across the Eastern region.



Every single one of our care services is rated **'Good'** or **'Excellent'** by the CQC.

Empowering
350

people to learn skills, build independence, and access community based activities within our day services.

more than 500

In 2017 we supported 550 people into work.

Supporting more people to say **i can**

Information Helpdesk

 **0800 952 5000**

 **01480 357 215**  **fundraising@papworthtrust.org.uk**

 **www.papworthtrust.org.uk**

 **@Papworth_Trust**  **/papworthtrust**

 **Papworth Trust, Bernard Sunley Centre, Papworth Everard
Cambridge CB23 3RG**



This is available in other formats
and languages on request

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