



Thank you

We can't thank you enough for your support. It's you that makes it possible for us to improve the lives of over 5,000 disabled people, their families and carers, every year.

Let's keep working towards our vision of a world where disabled people are seen for what they **can** do.

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Welcome to EnTrust

Welcome to the Summer 2020 edition of EnTrust!

I am pleased to be writing to you with some very positive updates that we are really pleased to be able to share with you in this newsletter.

We are thrilled to have recently been shortlisted in the ERSA (Employment Related Services Association) Awards in the Supply Chain Partner of the Year and Frontline Employment Advisor categories.

We have also recently been presented with a Making a Difference Award from BBC Radio Suffolk, after being nominated by a member of the public for the work we have been doing in delivering sessions and supporting our customers during lockdown.

Over the last few months, our Facilities and recovery team have been undertaking risk assessments and working on our buildings to be in a position where we can reopen. As you can imagine a great deal of planning has to go in to this to make sure that we meet with the most stringent of guidelines to keep our customers and staff safe.

We anticipate we will have capacity for between 40-60% of our usual customer base at any one time, so our building activity will be supported alongside sessions out in the community, doorstep activities, one to ones and our virtual sessions.

In this edition, we hope that you enjoy reading how our customers have benefitted from the really innovative ways that we have been supporting them in recent months. We have had some fantastic feedback and, having joined in some of the sessions myself, I can see why they have been so popular – they are a huge credit to everyone involved here at the Trust.

We continue to be grateful for your support – which means so much to us.

Best wishes



Jo Revitt

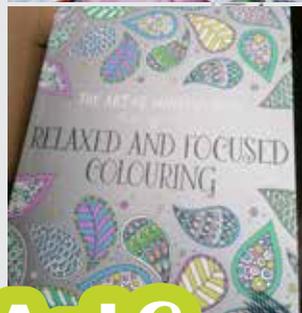


Activity packs donation from Grand Arcade

Through the generosity of our supporters we were able to purchase materials for virtual sessions that our Opportunities Without Limits customers could join through Zoom.

Our challenge was that we had more than 200 lots of cookery, gardening, art and music materials to distribute, but the Grand Arcade shopping centre in Cambridge quickly came to our rescue when we asked for their help by printing 500 carrier bags for us to use.

The virtual sessions have been really well attended and incredibly well supported by our Opportunities Without Limits customers.



Art & Crafts



Tablet time!

Grants totalling an amazing £4,900 from both the Cambridgeshire and Suffolk Coronavirus Community Funds allowed us to purchase 20 tablets to distribute to people who were unable to access their usual Opportunities Without Limits day service.



Our teams spent time setting up the devices and delivering them to customers' homes. This initiative was really well received. Toby's mum told us: "He loves it!"

Please convey our gratitude and appreciation for this kind donation which will greatly help Toby to keep happy and healthy, both mentally and physically and to give him a social life with his friends at Papworth..."

Holiday Inn Basildon staff take on their own Three Peaks Challenge for Papworth Trust

Christy Lamberth and Jarron Mace from the Holiday Inn took on the ultimate challenge in aid of Papworth Trust.

They had originally planned to climb the highest mountains in England, Scotland and Wales in 24 hours as part of the Three Peaks Challenge, but were forced to alter their plans by the Covid-19 pandemic.

Instead, they decided to conquer the combined height of the Three Peaks by scaling the stairs of Basildon Holiday Inn a whopping 465 times on Friday 22 May to support Papworth Trust's fundraising efforts, and raised a massive £1,036 which will allow us to continue supporting thousands of disabled people, families, carers across the East of England!



Lego donation to Papworth Trust

Darrell Smith of Archway Carpets in Woodbridge, is a long time supporter of Papworth Trust, as well as being a massive Lego enthusiast.

During the lockdown period, a colleague of his wife asked if he could build a rare and complicated Lego model. Darrell jumped at the chance and spent four evenings completing the project.

He was asked to nominate a charity for the recipient to make a donation to and, as he supports various charities in the local community, he gave a list of several to choose from and Papworth Trust were the lucky ones!

We are very grateful for the donation and think the end result (pictured) is brilliant too!



Around the centres

Basildon

Our Opportunities Without Limits customers at our Basildon centre have been enjoying the virtual sessions, which have been run on Zoom.

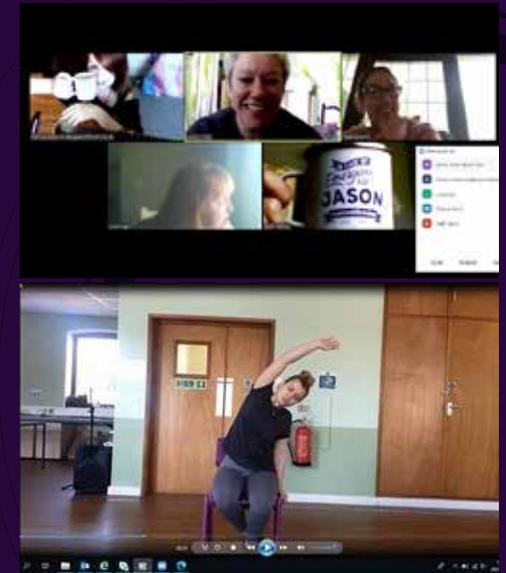
During these sessions they have been able to participate in activities such as art and cooking, where they have made some brilliant drawings and delicious pizza.



Cambridgeshire

Our Opportunities Without Limits customers in Cambridgeshire have been enjoying a busy programme of activities, including a weekly tutorial video created by our Activities Facilitator, Gail.

These videos have been great fun and have challenged our customers with a series of football and tennis skills.



Ipswich

Our Opportunities Without Limits customers in Ipswich have also been enjoying the full programme of activities facilitated by our team such as breathe and stretch exercises, creative writing, painting and poetry.

These sessions have been well-attended and have helped in keeping our customers together, engaged and provided support with wellbeing and the prevention of isolation.

PCS Legal host quiz series for Papworth Trust

PCS Legal in Basildon hosted three quiz nights in aid of Papworth Trust in May, raising a phenomenal £1,050!

Sarah Joy from PCS Legal said: "We have supported Papworth Trust for a long time now and wanted to do something to support them during this difficult time for their fundraising, and are thrilled that it was so well supported. The final quiz in this series had 117 players, with teams joining from as far afield as Devon!"

Papworth Trust's Chief Executive Sarah Miller said: "We are so grateful to Stuart Forsdike and his team who have been so fantastic recently and over the past 7 years! The quizzes were great fun, bringing the community together and raising desperately needed funds. Receiving this support from local businesses is always important to us.



However, now it is needed more than ever when our fundraising events have had cancelled and decimated this income stream.

Thank you Stuart and your team, we really appreciate it!"

In conversation with... HRH The Duchess of Gloucester



Recently, Papworth Trust's Chair Brian Stewart and CEO Sarah Miller had the pleasure of updating our Patron, HRH The Duchess of Gloucester, on the Trust's response to the Covid-19 pandemic.

HRH heard about the pressures that the Trust faces in terms of lost income, the battle to source appropriate PPE and how we've had to cope without most of the fundraising events we had planned. She was interested to hear about how we've continued to support vulnerable people whilst keeping staff safe and respecting social distancing guidelines.

Brian and Sarah also discussed all the positive aspects of this period, including the fantastic

generosity of our supporters, who have given donations and gifts of laptops, tablets and sporting equipment and the new activities that customers have had the opportunity to enjoy, such as doorstep dancing!

The Duchess of Gloucester asked Brian and Sarah to convey her best wishes to all staff, students and volunteers as we go through this unprecedented period of uncertainty and worry.

"Her Royal Highness is very much aware of the concerns that you and all the many people whom you support will have at this moment and would like you to know that you are all very much in her thoughts."

Sarah Miller speaks to Gatenby Sanderson



In May, Sarah Miller, our Chief Executive, was interviewed by business intelligence experts Gatenby Sanderson on the impact of COVID-19 and challenges faced by Papworth Trust.

Sarah spoke about how Papworth Trust staff have met the challenges and adapted to continue providing an excellent service for the thousands of people, families and carers we support across the East of England. Below is an extract from the interview:

What advice would you give to others?

“There will always be tensions, especially between financial decision making and quality/ social impact and this is OK. Positive tension can lead to the most robust decision making and outcomes. The need to consider all aspects and really painful what if and worse case scenarios.

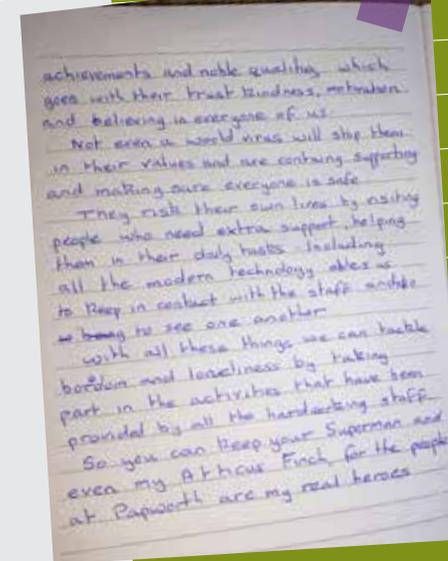
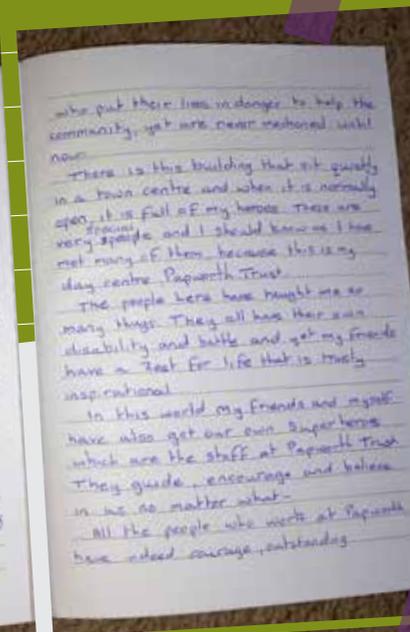
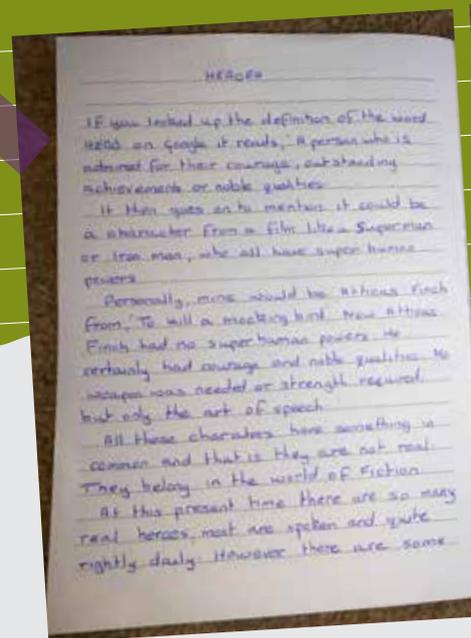
Whenever there is a crisis or issue, you can guarantee there will be positives as well as negatives – both require equal consideration.

There is a raft of information out there, sometimes confusing, conflicting and duplicating. You have limited bandwidth so you really need to identify what forums you need to be in and what you need to be scanning.

Don't lose sight of empathy. When working remotely a person really needs to consider what others, whether this is customers, staff or volunteers are going through and the local and national picture. There is an absolute need to focus on the strategic picture, but don't forget to think about how it is for individuals...”

Read the full interview at www.gatenbysanderson.com/blog

Sammy's thoughts



Throughout the COVID-19 pandemic, our Opportunities Without Limits customers have been participating in a series of activities on Zoom, including the Lockdown Journal.

We were particularly taken with something that was written by our customer, Sammy, who has given us special permission to share her thoughts with you.

“So you can keep your Superman and even my Atticus Finch, for the people at Papworth are my real heroes...”

Employability Day 2020

On 26 June, Papworth Trust marked Employability Day. Employability Day offers organisations the opportunity to celebrate all things employment support.

In previous years, we have marked the occasion with celebrations in our offices, job fairs for customers and even hosting MP visits. However, this year due to COVID-19 we marked the occasion by showcasing Papworth Trust's rich heritage in employability, supporting disabled people and sharing stories from staff who had participated in programmes we have run over the years:

Caroline Cooper "It's the best job I've ever had! 10 years later and I'm still enjoying it and feel focused on my work. When I was offered the job, I felt as if I was able progress with my life..."

Luke Myhill "Sometimes having a physical disability means that it can be hard to escape people's judgment...but I've never felt that at Papworth Trust – they've always been a sympathetic ear



when I've needed it and they had access to work equipment readily available when I started..."

Paul Dighton "When the Services Manager vacancy came up, I was encouraged to go for it. I did, I was successful and the rest, as they say, is history! I still love my job and I feel very accomplished in what I have achieved over the past 7 years..."

Papworth Trust is delighted to have been shortlisted for Supply Chain Partner of the Year and have our Employment Advisor, Andrew Herdman, shortlisted for Frontline Advisor of the Year at the ERSA Employability Awards 2020.

Winners
to be announced on 22 July 2020.

Together we can make a difference



£25 could pay for musical instruments and equipment to support the development of music groups.

£35 could pay for plants to enable our allotment group to grow food as part of the independent living programme.

£50 could pay for a disabled person to attend a full day's session at one of our day centres.

£50 could pay for stock for the 'tuck' shop which our clients run as part of their volunteering activities.

£75 could pay for kitchen equipment for use in our independent living skills programme.

£100 could support a person with a learning disability to take part in our First Steps to Success employment programme.

£300 could pay for white goods for our accessible kitchens to support our independent living programme.



Supporting more
people to say **i can**

Information Helpdesk



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www.papworthtrust.org.uk



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