

Huntingdon

# Papworth Trust Day Opportunities



We are here to help

Papworth Trust

**We offer a diverse programme of recreational, learning and socialising opportunities from our central location in Huntingdon. Our activities are designed to encourage learning, improve confidence and communication skills, develop life skills and facilitate good health and wellbeing.**

We benefit from excellent transport links and connections with the local community, and regularly take trips out into the local town. We have modern facilities and a fully accessible building with large rooms to facilitate group activities, creating an inclusive environment and a fun, vibrant atmosphere.

On joining the service, you will be assigned a dedicated Caseworker, Vicky, who will solely focus on your progression and the outcomes you wish to achieve, in addition to our ongoing activity sessions. Working closely with you, the Caseworker will create a personalised support plan, and an action plan to ensure the service meets your needs.

Our activities are delivered by our experienced and passionate team who ensure everyone feels welcome and included, and receives tailored support to explore their potential and achieve their goals and aspirations. We continually adapt our activities to cater for different interests and to keep our sessions exciting and fresh.

**Some examples of the types of activities we provide are:**

- Music
- Numeracy / Money Management / Shopping
- News and Views
- Brainteasers
- Book Club
- Chair-based Zumba
- Arts and Crafts
- Boccia and Pool at the local Community Club
- Cooking
- Geography / History / Natural History
- Writing and spelling



**For further information please contact: Vicky Gildersleve**

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