

Papworth Trust Newsletter





















Summer Edition 2022

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Thank You

We can't thank you enough for your support. It's you that makes it possible for us to improve the lives of over 5,000 disabled people, their families and carers, every year.

Let's keep working towards our vision of a world where disabled people are seen for who they are.

Welcome To **EnTrust**

Welcome to the summer 2022 edition of EnTrust. What a busy start to the summer; we are thrilled to share photographs of some of our amazing Platinum Jubilee celebrations as well as the magnificent Orwell Walk.

Our drama project, that many of you generously supported, culminated in a wonderful production – I am sure you will agree the photographs on page 8 & 9 showcase a fantastic event, which I know some of you enjoyed in person. We continue to raise funds to roll out the project to the rest of our centres, and thanks to your generosity have achieved 25% of the £8,000 needed to make it happen. Without your continued support this, and many other projects would not be possible, so I hope that by the end of the year we will have reached our target and that I will be inviting you to the next production.

It's been 4 years since we launched our current website. In that time, a lot has changed, including Covid affecting the way people access digital information. It's therefore right we take stock and review our website to ensure it's the best it can be. We have created a short survey that we would be grateful if you would complete about the website. If you can spare five minutes, we would love to hear your feedback. You can access the survey by visiting: www.papworthtrust.org.uk/website-survey/

Finally, I am delighted to share the work of OWL Bikes work on an initiative to provide support to Ukrainian refugees who have joined our community. We are thrilled to be involved, and have delivered 23 bikes to families already.

Very best wishes

Jo Revitt

Around The Centres



Cambridge Opportunities Without Limits

20 customers from our Cambridgeshire Opportunities Without Limits service took a trip to London recently to visit Wembley Stadium. The customers had a fantastic day touring the dressing room, physio room, the Royal box and even got a go at participating in interviews as if they were in the Premier League.

Andrew loved it, quoting "I give it 10/10 it was perfectly organised and the best place to visit for me. My dreams came true."

A big thank you to Royston Golf Club. This trip would not have been possible without the golf charity day they hosted back in September.



Basildon Opportunities Without Limits

Some of our customers at our Opportunities Without Limits Basildon centre are volunteering for Barleylands farm. In the pictures you can see them working hard.



Ipswich Opportunities Without Limits

The social club is back in action at our Opportunities Without Limits Ipswich centre for the first time since the beginning of lockdown in March 2020. It's been fantastic to be able to resume these events and customers enjoyed the first one back with Dominos and Victoria sponges which were made by the Tuesday baking club. Yum!



Bikes For Ukraine

OWL Bikes joined up with South Cambridgeshire District Council and Camtrust to give free second-hand quality bikes – with a helmet and lock – to guests from Ukraine who have arrived in South Cambridgeshire under the Homes for Ukraine scheme.

We issued a plea for help for good quality second-hand bikes and were so grateful to everyone who donated to us.

The bikes underwent essential maintenance checks and were soon delivered to families through the scheme. The families were delighted with their new bikes and incredibly appreciative of the support as they start to settle into South Cambridgeshire. One host family member got in touch to say:

"Thank you on behalf of the Ukranian family we are hosting; the bicycle has made a little girl very happy. The bicycle is in beautiful condition and she is very pleased with it."

To find out more about the scheme:

www.papworthtrust.org.uk/news-and-blogs/ owl-bikes-needs-your-help/





The impact we make



Our vision is to create a world where disabled people are seen for who they are. Here's our impact in 2021/22, set against the backdrop of UK Government* and UN Sustainable Development Goals**

Reduce the disability employment gap*

We've supported:

332 people into paid employment.

18 employers to be disability confident.

Of the customers who joined us:

48% are feeling more confident.

58% now feel ready to secure employment.

Ensure inclusive and equitable quality education and promote lifelong learning opportunities for all**

50% of our Opportunities without Limits customers reviewed their progress in the last 12 months, of whom 9 in 10 showed clear advancement towards their goals.

Provide high quality care to disabled people, enabling our customers to have equality, choice and independence

Of the care customers we have surveyed, 100% feel safe and 100% feel in control of their support.

Our CQC regulated services are rated 'Good' or 'Outstanding'.

By 2030, make human settlements inclusive, safe, resilient and sustainable**

74% of our homes are adapted for disabled people.

1.8% of the total value of our housing stock re-invested to ensure that our homes are enabling places to live, increasing year on year.



Customers at our Opportunities Without Limits South Cambridgeshire service have welcomed the opportunity to design and take part in a 12 week drama production which ended with a final performance to celebrate the Platinum Jubilee. Customers, family, friends, staff and neighbours came together to enjoy the performance by The Magical Supper Club. We were treated to a variety of performances all designed by the customers; Romeo and Juliet, a day at the beach, The King and I, Mamma Mia were just some examples. Thank you to Justine the Practitioner who facilitated the performance – what a way to celebrate the Platinum Jubilee.















Her Majesty The Queen's 2022 Platinum Jubilee



Her Majesty The Queen's Platinum Jubilee saw lots of parties taking place throughout the week at Papworth Trust. Staff, customers and their families all enjoyed afternoon tea parties at Huntingdon, Cambridge, Ipswich, Basildon and Vange Place. At Papworth Everard we also hosted a party at the village hall for local residents to attend with lots of exciting activities.





















Sunday 19 June saw the annual Orwell Challenge take place on the outskirts of Ipswich. Papworth Trust had four walkers who took part in the event; Abhay, Kellie, Laura and Ellie. Kellie, Laura and Ellie completed the 14.2-mile circuit and Abhay completed the 25 miles.







The whole team really enjoyed the event and apart from some sore hips and knees are looking forward to taking part again next year. Together, the team raised nearly £900. This really is a lovely event that was so well organised so keep on the look out for information, we'd love to see you there.

Employment Programme Impact Statements



"For the last 20 years I have tried to get support for my son Dean, who suffers from Asperger's.

It was a difficult and stressful time. I had started to give up hope when I was put in contact with Rebecca Smith, First steps to Success.

Rebecca not only listened to us and supported me on a regular basis, but was able to guide me with contacting the right organisations who could help my son; including a farm which he now attends weekly to help his mental health."

Christina Chalkley, Parent of customer Dean

"We really look forward to our regular meetings with Bex. Over the months she has taken the time to get to know Mary-Ellen so well and is able to offer good advice about suitable opportunities Mary-Ellen will enjoy.

More importantly, Bex's gentle humour and kindness have nurtured Mary-Ellen's confidence in herself and her own abilities. She has also given myself as a parent, precious encouragement and support.

Mary-Ellen wanted to say Bex is kind and fun and has lots of helpful ideas and is always a good laugh."

Kate Dove, Parent of customer Mary-Ellen



We are delighted to have nine runners representing 'Team Papworth' in the Virgin Money London Marathon 2022. We caught up with them to find out why they had chosen to run the Marathon on behalf of the Trust and here's what they had to say...

"The London marathon has always been on my bucket list, so running it for a charity is the icing the cake."

Peter Metcalfe

"It is amazing the service that Papworth Trust provide. It is extremely hard work and I want to do as much as possible to give back to society both through my business and my personal activities."

Jon Shooter

"Papworth Trust provides critical services and plays a key role in many lives. I believe I am helping to make a difference in my small way."

Brian Connell

"Running the London marathon in aid of Papworth Trust provides me with a huge purpose, not only to boost further awareness of the Trust but to raise valuable funds for a charity local to me." Louise Anderson

"This is my first running event of any kind. I decided to skip the couch to 5km challenge and go straight for the couch to 42km one instead! What a great opportunity to run the iconic London Marathon and raise money for Papworth Trust at the same time."

Paul Sargent

"Papworth Trust do so much good in our local community. I'm so pleased to be able to support all individuals and families that benefit from the great work they do."

Sam Peck

"I feel extremely fortunate to work for the Trust and want to raise funds to further enhance the great work our staff do every day to support our customers."

Sarah Harvey

"As I approach my 40th Birthday I have decided that this maybe my last chance to run a marathon and having seen the great work that Papworth Trust do I can't see any better cause to run it on behalf of."

Stuart Wallace

"I was inspired to run for Papworth Trust because of the great work they do in our local community. This is my first marathon – I'm nervous but excited about taking part in London 2022."

Christy Fenelon

You can read more about our runners and sponsor them by visiting:

www.papworthtrust.org.uk/fundraising/fundraising-events/london-marathon-2022/

Supporting disabled people to be seen for who they are.







/papworthtrust



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