

**Vange Place
Newsletter**

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Edition #32

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The perfect rose

There isn't a day that goes by when we don't miss Tom, and so we thought it would be a nice idea to visit Scotsdales and purchase some roses to plant in our garden in memory of our dear friend. We had a good look around the garden centre and eventually spotted a cheerful orange bush rose named 'Remember Me', which instantly made us think of Tom as orange was his favourite colour. We can't wait to watch it grow and see it flourish in our garden.





Holiday shopping

Emma and Linda couldn't be more excited for their upcoming stay in Great Yarmouth, and they chatted about it non-stop during a recent visit to Bury St. Edmunds where they did a spot of holiday shopping. They both made several purchases and shopped the whole day away, leading them to stop for coffee on more than one occasion and, of course, something to satisfy their sweet tooth.





Linda's birthday

Everyone deserves to feel special on their birthday, and Linda certainly made sure hers was full of fun and indulgence. She started the day by being crowned birthday queen before setting off to Sudbury with Emma and Molly to visit her favourite cat café, Finnegan's Whiskers. She thoroughly enjoyed getting to know each of Finnegan's felines and then decided to head to a local restaurant for a hearty lunch, cooked by support worker Danielle's partner.

But the treats didn't stop there. When Linda returned home, she invited over her mum and some friends to join her for giggles, a Chinese takeaway and some birthday cake. Linda had such a brilliant time and would like to take this opportunity to thank everyone involved in making her birthday a memorable one.



Eating out

We all need a change of scenery from time to time and one of our favourite ways to achieve this is to eat out in our local cafes and restaurants. From walking into town for some tea and cake to jumping in the car and going somewhere for an evening meal together, we never turn down an opportunity to get out and satisfy our taste buds.



Colourful diamond art

Is it just us or does Linda's choice of diamond art keep on getting better? Linda puts a lot of time and effort into her masterpieces, and we always enjoy watching her at work and seeing what design she's going to complete next. Her latest creation of a big cat face is truly stunning as are all the bright coloured diamonds she is using to create detail and make up the picture, which is already looking pretty purrfect to us.



Kinky Boots the musical

Our excitement levels were through the roof when we boarded our coach in Haverhill and set off for an afternoon at the theatre in the capital. Shortly after we arrived, we grabbed some lunch at a cosy restaurant and then strutted into the West End to see Kinky Boots the musical at the London Coliseum.

The Tony, Grammy and Olivier award winning musical follows an unlikely partnership between a shoemaker and a performer who has an idea to help save the shoe making business by reinventing itself and creating boots for performers. It was an uplifting journey of acceptance and friendship, and the unforgettable music and performances kept our shoes and boots tapping from beginning to end.





Taster day at Thrive Hub

After hearing such good things from Emma about her time spent at Thrive Hub on a Wednesday, Linda decided to try it out for herself by booking a taster session. Once there, Emma helped Linda to settle in by asking her to join her in painting a bowl she had made the previous week. Linda loves being creative and so it came as no surprise when she told us she had a great time and has signed up to attend the weekly sessions at Thrive.



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