

Vange Place Newsletter



Vange Place

Edition #17

Thrive afternoon tea

The Thrive Hub in Haverhill invited us to join them for an afternoon tea party and, of course, we all grabbed a slice of the action. Not only was the party a great way to bring people together, but also an opportunity to raise funds for Breast Cancer Now, a research and support charity that helps people affected by breast cancer.

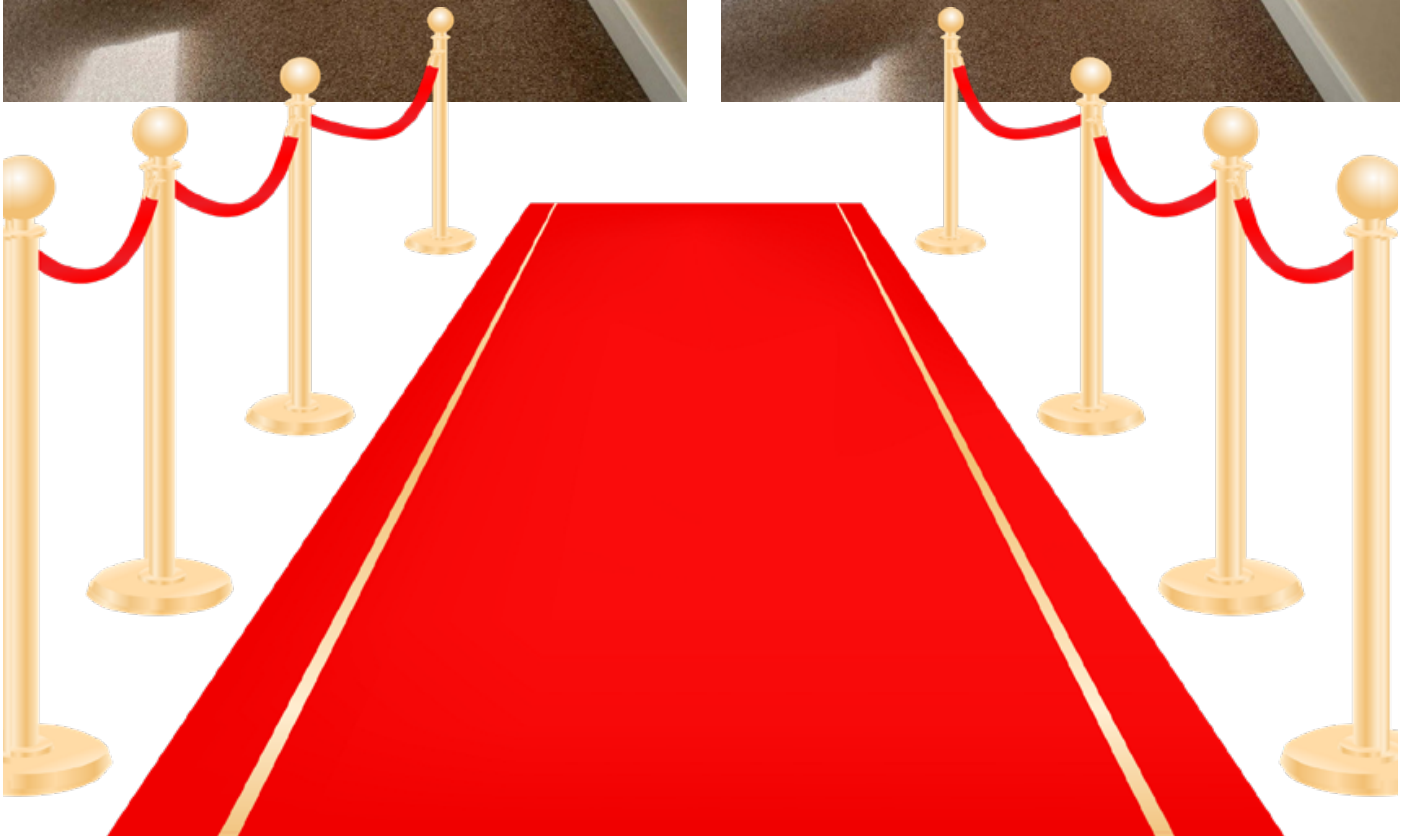
We enjoyed tucking into lots of tea and cake, and some of us even won prizes in the tombola and raffle. Tom won a coaster, Linda won a candle, Sarah won some butterfly pictures, and Emma won three bags. A tea-riffic afternoon was had by all.



Molly's fashion makeover

When Molly wanted to give herself a fashion makeover, support worker Trina suggested they head out of town and visit Bury St. Edmunds for a bit of retail therapy. It was all smiles from Molly as she explored the different stores until she found the perfect item.

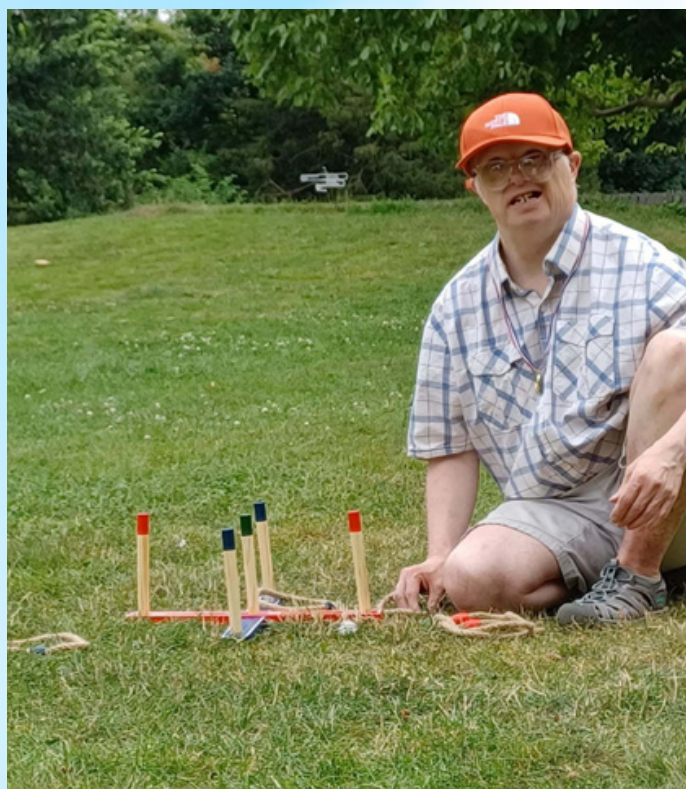
Once home, Molly gave us a mini fashion show to enable us to see the outfit she purchased during her shopping trip. We think Molly made an excellent choice and looks fabulous in her new dress.



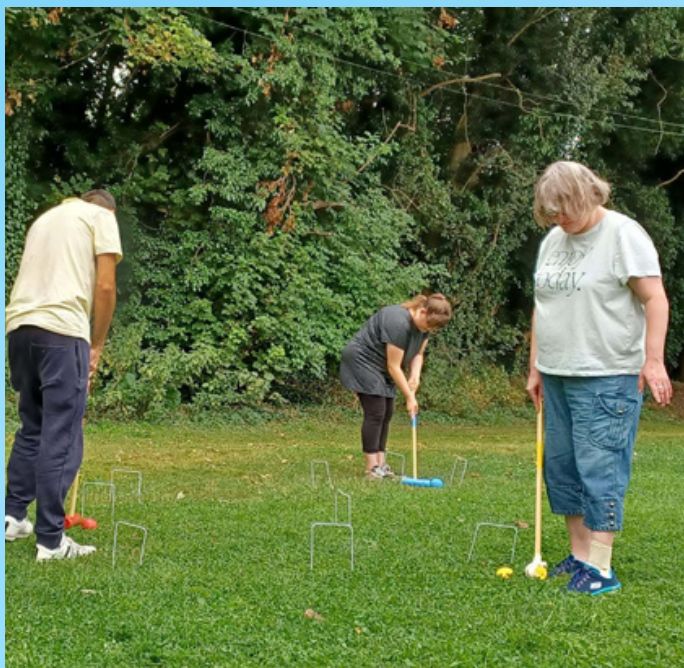
Picnic and lawn games in the park

On a warm Saturday in August, we packed ourselves a picnic feast and headed to Clare Castle Country Park with support workers Grace and Laura. We also took along our selection of lawn games which delivered hours of entertainment in between relaxing and eating outdoors.

Clare Castle Country Park was the perfect spot to spread out our picnic and spend time together, and we all enjoyed a lovely afternoon filled with laughter and friendly competition.









Baking queen



When life gives Molly lemons, she makes delicious lemon cupcakes! Molly loves to get creative in the kitchen and found the perfect cupcake recipe with a little help from Support Worker Amy. She whipped up her handmade treats in no time and decorated each cupcake with frosting and rainbow sprinkles. We thoroughly enjoyed eating Molly's cupcakes, all of which were moist, fluffy and bursting with zesty lemon flavour.



Coffee and cake at Tarka's Café

Linda enjoys nothing more than having a chat over coffee, so she jumped at the chance to visit Tarka's Café at Baythorne Hall with Support Worker Janette. With such a broad range of sweet treats and deli items to choose from, Linda was spoilt for choice at Tarka's Café and decided on a delicious chocolate brownie to go with her latte.



Meal out at The Green Man in Trumpington

The August Bank Holiday seemed like the perfect time to get out and have a meal together in a cosy country pub, and so that was exactly what we did. We chose to visit The Green Man in Trumpington and are pleased to say that we were not disappointed. The menu was fabulous and included lots of dishes that were hard to resist, but we eventually made our choices and tucked into our tasty meals. We all felt very relaxed at the pub and had a great time catching up over a long lunch.



Andre Rieu: Power of Love at Haverhill Arts Centre

Tom was thrilled when he found out that Andre Rieu was going to be back on the big screen with his new 'Power of Love' concert at the Haverhill Arts Centre and purchased himself a ticket right away.

On the night of the cinema concert, Tom was blown away by the performances of Andre Rieu and his orchestra at the historic Vrijthof square in Maastricht. It was a truly unique cinematic experience, and it's safe to say that Tom had the best time watching the spectacular musical concert with Support Worker Amy.





Here is a list of events that will appear in our next newsletter:

- 80's theme BBQ
- Sarah's holiday
- Emma's holiday and much more!

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