

**Vange Place
Newsletter**

Vange Place



Edition #26

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Joan Mann Sports Day

We had the best time at the Joan Mann Sports Day in 2024, and so we jumped at the chance to attend again this year. The event at RAF Mildenhall was every bit as good as we remembered, and we thoroughly enjoyed taking part in all the games and activities, including basketball shoot, obstacle course and lots of dancing. There was also an opening ceremony, static aircraft displays and a medal ceremony.





Sarah's Memphis holiday

Sarah was beyond excited when she finally got the chance to travel to Memphis, also known as the home of the blues and the birthplace of rock and roll. In addition to taking trips to all the must-see attractions, Sarah walked streets frequented by some of the world's most famous musicians and mingled with music-lovers from every corner of the globe.

Sarah's biggest highlight was visiting the iconic Graceland mansion, and she was thrilled to finally fulfil her lifelong dream of exploring the home of her favourite singer, Elvis Presley!







Emma's birthday

There's nothing better than going out for a nice evening meal to make a special day even more special, which is why Emma invited us all to join her at a local restaurant to celebrate her birthday. It was a night full of giggles and great food, not to mention plenty of cake, lots of hip-hip hoorays, and many wonderful memories made with the birthday girl.



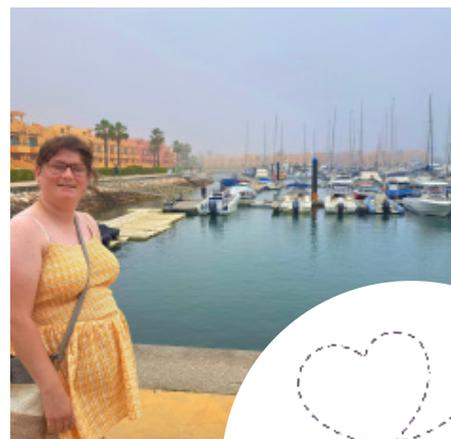
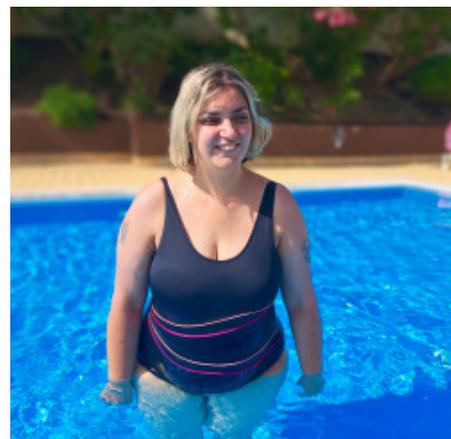
Cooking with the Thermomix

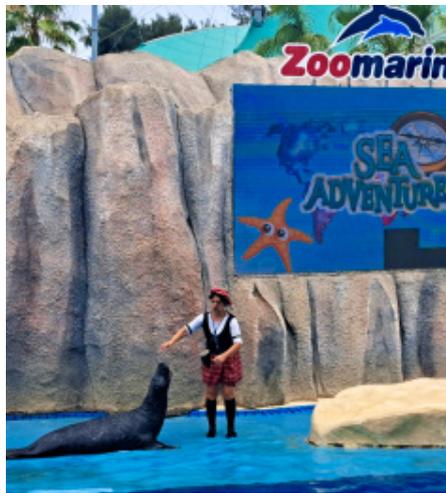
Emma loves to try out new recipes using our trusted Thermomix, and her recent creation of lentil and puree vegetable bolognese was a real hit. She followed the recipe precisely, added all the ingredients, and chose to serve her bolognese with some delicious homemade garlic bread. Thank you, Emma, for treating us to another of your culinary masterpieces.



Sarah and Molly's Portugal holiday

After deciding to travel abroad together, Molly and Sarah booked a trip to Portugal to explore its stunning coastline and twinkling turquoise waters. Not only did they both have a fabulous time visiting Portugal's sunny beaches, but they also enjoyed relaxing pool days, boat trips and days out, with one of their favourites being a trip to Zoomarine where they got to meet various animals and swim with dolphins.







Tom's birthday

Emma isn't the only one who wanted to dine out on their birthday. Tom also believes going out and celebrating with friends is the perfect way to toast his birthday and celebrate in style, and so that's exactly what he did. He chose to dine at one of his favourite local eateries and thoroughly enjoyed the whole evening, especially when the cake was served and we all sang "Happy Birthday to You" at the table.



Thrive and Shine talent show

Emma, Matt and Sarah chose to step into the spotlight at the Thrive and Shine talent show, where there wasn't an empty seat or a dry eye in the house. Emma sang Truly Scrumptious from Chitty Chitty Bang Bang, Matt sang Treat You Better by Shawn Mendes, and Sarah sang When There Was Me and You from High School Musical. They shone throughout their time on the stage and received a certificate for their fabulous singing performances. Bravo, Emma, Matt and Sarah!



Chalkstone Fun Day

This year's Chalkstone Fun Day was a total blast and included live music, lots of food and all sorts of activities and outdoor games. There was something for everyone and, lucky for us, this free event is held every year and just across the road from Vange Place. Linda and Tom had a jolly good time listening to the musical talent on offer whilst enjoying an ice cream, and Matt and Sarah enjoyed meeting some friendly local firefighters who showed them around the inside of their fire engine.



Petals Tearoom

When Matt and Sarah wanted to go somewhere cosy and quirky with irresistible lunch options, they headed to Petals Tearoom in Great Yeldham. Once there, they browsed the menu and chose a baguette for lunch, which they ate in one of Petals' beautiful outdoor huts before tucking into a traditional homemade scone with jam and clotted cream.



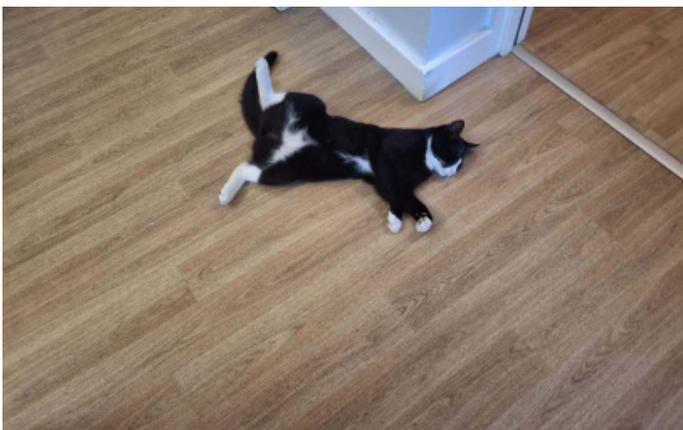
Molly's Birthday

We wanted to surprise Molly on her birthday, so we decorated the house with banners and balloons and did all we could to make her feel extra special on her big day. She had so much fun celebrating her birthday with us, especially in the evening when we all sat down together and shared a huge Chinese takeaway.



Twinkle update

Although still a small cat, Twinkle has a larger than life personality and looks so grown up compared to when Linda first adopted him at the beginning of the year. He still loves sleeping just about anywhere indoors, whether it be in his mums' bed, on the sofa or in the hallway, and never fails to make us all smile with his quirky antics and funny cat behaviours.





Here is a list of events that will appear in our next newsletter:

- Raceday ready
- Musical theatre theme BBQ
- Love to cook, and much more!

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