

**Vange Place
Newsletter**

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Edition #28

Contents

It's beginning to look a lot like Christmas	3
Christmas shopping	3-4
Vehicle checks, Rapunzel panto at the Theatre Royal	5
Winter wandering	6
Festive Parties	6-7

It's beginning to look a lot like Christmas

Nothing gets us more in the festive spirit than digging out the decorations from the loft and beautifying the house whilst listening to some of our favourite Christmas tunes. It never fails to amaze us how a couple of trees, some twinkling lights and sparkly baubles can really transform the place and bring lots of joy and cosiness to our living space. However, Twinkle was less enthusiastic about decorating the house and instead chose to have a long nap whilst we were hard at work.



Christmas shopping

Linda, Molly and Sarah had a great time soaking up the festive cheer when they went searching for the perfect Christmas presents for their friends and family. Linda and Sarah headed to Bury St. Edmunds and managed to tick off everyone on their Christmas gift list, and Molly visited Sudbury where she had lots of fun exploring the shops and making several purchases before treating herself to a nice lunch.





Vehicle checks

No matter the time of year, Emma loves helping to carry out the checks on Linda and Tom's cars and ensuring their vehicles are safe to drive each week. Emma has, in fact, become a bit of a pro at checking the oil, lights, mirrors, mileage, and brake fluid levels, and she always does so with a smile. Both Linda and Tom would like to take this opportunity to thank Emma for playing her part in making sure they have a safer journey when travelling in their vehicles.



Rapunzel panto at the Theatre Royal

Oh no you didn't. Oh yes, we did! We had a magical evening at the Theatre Royal in Bury St. Edmunds watching their Christmas pantomime, Rapunzel. The panto wasn't based on the traditional story of Rapunzel as we all know it because, in this production, she manages to escape from her tower. The show was packed with mayhem and up-beat singing from beginning to end, and we loved booing and cheering along with the rest of the audience.



Winter wandering

Winter might be cold and harsh at times, but it's also calm, beautiful and comforting, hence why Tom has recently enjoyed wrapping up warm and heading out into the great outdoors. Not for too long, though. Whilst Tom loves a winter wander and feeling the crisp air on his face, he heads straight for home to seek warmth from a hot drink before the outside temperature drops too low.



Festive parties

We were delighted to be invited to several Christmas parties in December and had so much fun mingling with some familiar faces and making new friends. Emma, Molly and Sarah enjoyed getting their hair done and dressing up for both their Thrive and Gateway club Christmas events where they enjoyed the entertainment and lots of Christmas nibbles. Then, only a couple of days later, Emma and Linda had an absolute blast attending the Christmas Party at Papworth Trust's Day Opportunities service in Ipswich where they were treated to a buffet and a few of their favourite tipples.





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