

**Vange Place
Newsletter**

Vange Place



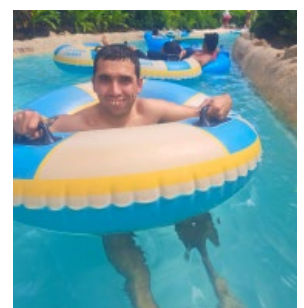
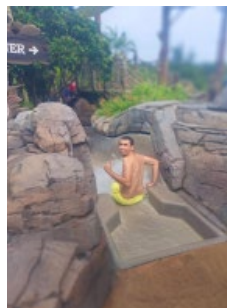
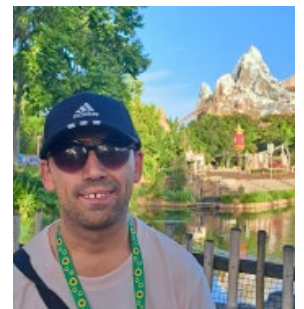
Edition #29

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Matt's Florida holiday

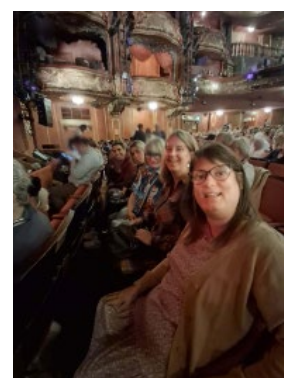
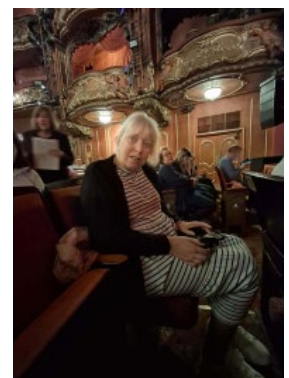
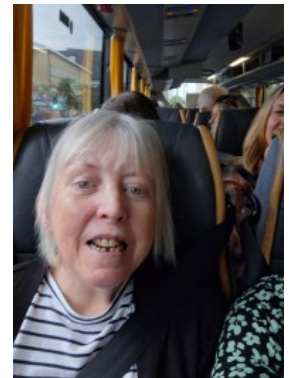
Matt was over the moon when he got to discover the Sunshine State and its gorgeous beaches, theme parks, and world-class attractions. With so many exciting and memorable experiences on offer, Florida was the perfect destination for Matt to enjoy fun-filled days out, vibrant nightlife and some much-needed relaxation time. One of Matt's favourite experiences on his trip was having the opportunity to get up close with the ocean's most-loved creatures by going swimming with some friendly and playful dolphins.



The Lion King

It's difficult to put into words how excited we all were as we took our seats at London's Lyceum Theatre to watch Disney's award-winning musical The Lion King. The show was an explosion of magnificent colours, spectacular costumes, and classic songs, not forgetting the talented cast who never failed to keep us laughing and singing along.

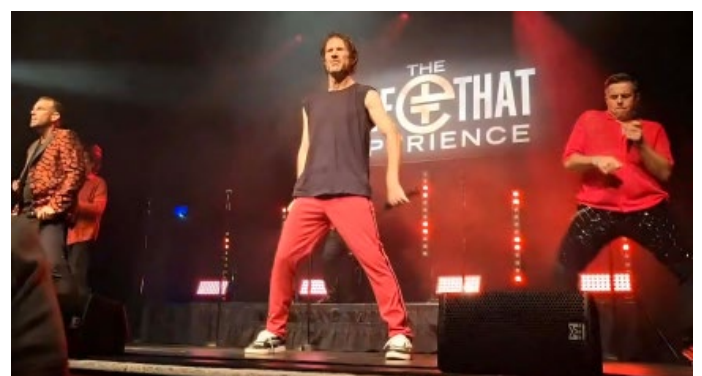
We booked our matinee show tickets through Show Deals East, who also organised our coach trip and helped us to enjoy an unforgettable day out and one of the West End's longest-running shows.



The Take That Experience

When Linda heard that The Take That Experience - one of the UK's most popular Take That tribute acts - were set to perform at the Haverhill Arts Centre, she didn't hesitate to book a ticket. The group are widely regarded as the most authentic and recognised Take That tribute around and, according to Linda, they certainly didn't disappoint.

The show featured hit after hit from Take That's incredible career and, at one memorable moment, the band's "Mark Owen" spotted Linda in the audience and sang directly to her. It's safe to say that The Take That Experience gave Linda a night she'll truly Never Forget!



Emma's Mediterranean cruise

When it comes to adventure-filled cruises, Emma is always first in line to get on board and enjoy the variety of activities, entertainment, and port destinations on offer. This year, she chose an all-inclusive Marella Discovery Mediterranean cruise, which took her to some must-see places such as stunning Rome and beautiful Barcelona. She spent 7 nights sailing, signed up for several exciting shore excursions, and still found plenty of time to relax on the ship and watch a few sunsets.



Meeting our local MP

We were all delighted to welcome our local MP, Nick Timothy, to Vange Place and enjoyed chatting with him about our hobbies, what we've been up to recently, and the events happening soon. The visit was part of Starts at Home Day, a national event celebrating the importance of supported housing, and we also shared our thoughts on how supported living and being at Vange Place have had such a positive impact on our lives.



The Ed Sheeran Experience

Molly had a fabulous time when she visited the Haverhill Arts Centre to see Jack Shephard, also known as the world's number one Ed Sheeran tribute act. The show consisted of Ed's biggest hits, and all songs were performed live on stage with incredible accuracy.



Potty about pottery

We thoroughly enjoyed letting our creativity flow when we recently spent an evening at the Pottery Shed in Haverhill. As there were so many pieces of pottery to choose from in various shapes and sizes, it was difficult to decide on which ones we would most like to paint and personalise. However, we eventually made our selections and had a blast unleashing our inner artists and creating our own keepsakes in the relaxing studio.



Linda's decoupage pumpkin workshop

In addition to getting crafty at the Pottery Shed, Linda booked herself a place on a decoupage pumpkin workshop at the Haverhill Learning Centre. The workshop provided all the necessary materials and decorations and was hosted by a friendly teacher who guided her through the process. Linda had so much fun at the workshop and not only did she master the art of transforming a paper mache pumpkin into a beautiful masterpiece, but she also did an amazing job of carving her own cat pumpkin at home.



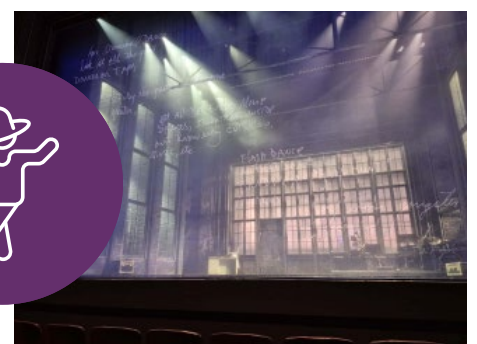
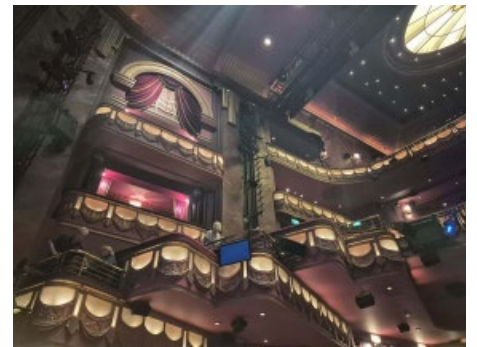
Westlife at the Royal Albert Hall

Getting the chance to see Westlife perform in London at the Royal Albert Hall couldn't come around quick enough for Sarah, and when the time eventually came, she was beyond excited to say the least. As the dress code was 'cocktail,' Sarah wanted to look and feel her very best and so treated herself to a rather fabulous sparkly blue dress. The show celebrated Westlife's 25th anniversary and they were joined by the impressive Royal Philharmonic Concert Orchestra, meaning Sarah's favourite hits by the band were brought to life like never before.



MJ the Musical

This year, Matt celebrated his birthday in style with a trip to the West End to see the award-winning show, MJ the Musical. He caught an early train to London so that he could squeeze in a bit of shopping and visit the M&M and Lego shops before attending the matinee performance at the Prince Edward Theatre in the afternoon. The show was a no-photo event, however, Matt managed to take some snaps before he was invited into the world of one of the greatest entertainers of all time.



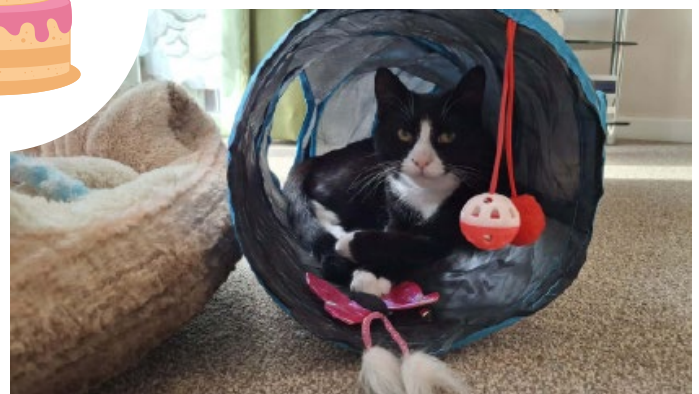
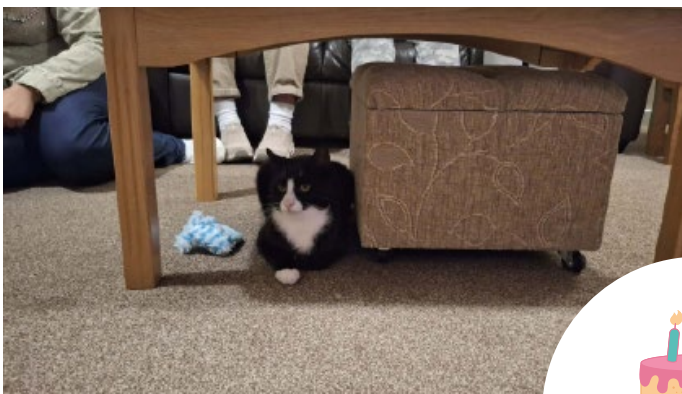
Matt visits the Zoology Museum

When Safe Soulmates invited Matt to join them on a trip to the Museum of Zoology, he was delighted to be asked and snapped up the chance to spend a day with the group in Cambridge. He enjoyed learning about the diversity of animal life and discovering stories of extinction, survival and evolution. The museum was filled with various treasures and Matt got to explore specimens spanning the entire animal kingdom, including some that were discovered by the famous biologist and naturalist Charles Darwin.



Twinkle's first birthday

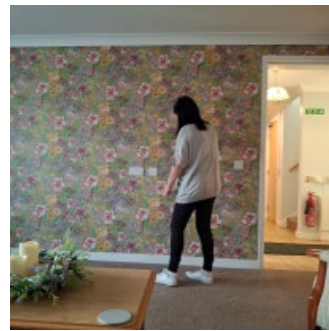
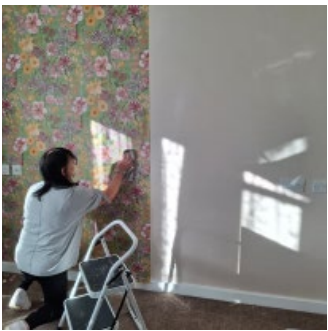
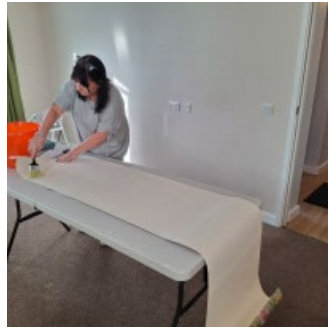
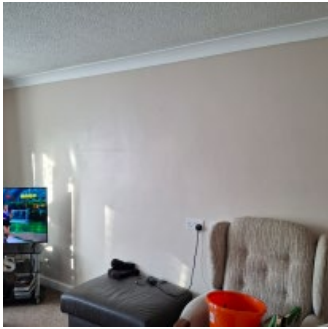
Celebrating a birthday can be done in lots of ways, but how do you celebrate a cat's birthday? With a party, of course! Linda wanted to make sure Twinkle had the best first birthday ever, and so she invited all her nearest and dearest to join her in making a fuss of her fur baby in the comfort of his home. She purchased lots of cat decorations and prepared a buffet for his guests, who were very generous and spoiled him with lots of cat-friendly gifts.





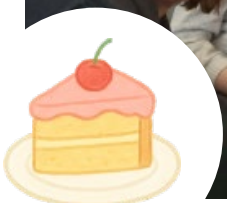
Living room makeover

We wanted to add a splash of colour to our living room, so we put our heads together and decided to create a feature wall with statement wallpaper. Once our chosen design was delivered, our senior support worker, Trina, kindly offered to take care of everything and give the room the makeover it deserved. We're extremely happy with the result and would like to take this opportunity to thank Trina for all her hard work.



Cake o'clock

Sometimes you just need cake - which is why we often make a cake stop when visiting the supermarket or wandering into town to look around the shops. Whether we venture out alone or together, we all love to indulge in a slice or one of our favourite bakes, adding an extra sprinkle of happiness to our day.



Haverhill Silver Band concert

Tom had a wonderful time watching the Haverhill Silver Band perform at the beautiful Thaxted Church. The concert featured a varied programme of music and showcased talented soloists from within the band. He enjoyed the evening so much that he has already purchased a ticket to see them again later in the year.



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