

Day Opportunities News

Cambridge

Edition 7

Feedback Week - all centres



Our Day Opportunities services recently held their quarterly feedback weeks and during this quarter our spotlight session was on our organisational strategy. We asked customers four questions to inform our Strategy 2025-30:

1. What would make a difference to you?
2. What do you think of when I say Papworth Trust?
3. What services would you like to see Papworth Trust deliver in the next 5 years?
4. What three things could we do better?



We would love to hear from you too. Please fill in our strategy survey and tell us what you think:

<https://www.papworthtrust.org.uk/strategy-survey/>

In addition, customers also discussed social media usage and how to stay safe online. We used easy read tools and Widget software to help ensure we were able to gather feedback from as many customers as possible. It was a really informative, interesting week, and as always we learned a lot from our customers.



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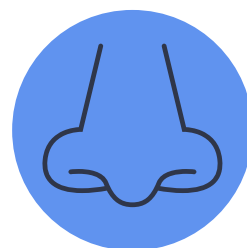
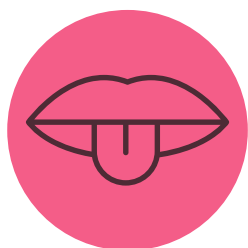
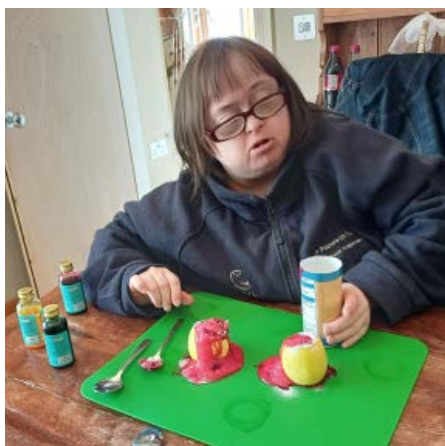


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Sensory Session

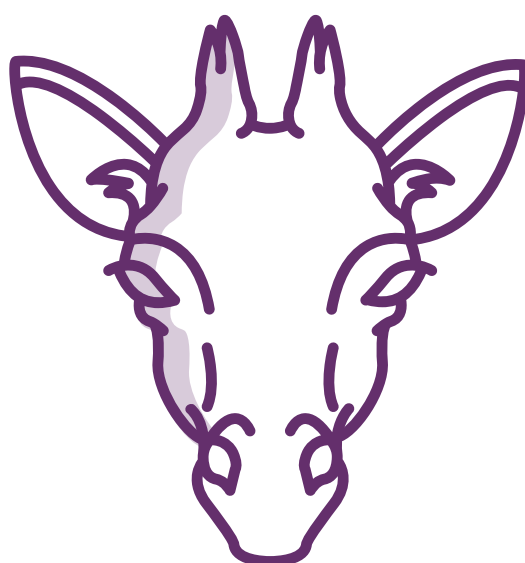
The recent sensory science session in Abington featured engaging activities with citrus fruits including lemon, grapefruit, and limes, creating fun “volcano” reactions. Lucy, who participated with grapefruit, is focusing on her independence and enjoys smaller group activities. She loved observing the colourful fizzing and explosive reactions of the fruits. Looking ahead, the next session will introduce “elephant toothpaste,” promising more exciting scientific fun.



Customers welcome back Stewart the giraffe

Our Abington customers enjoyed celebrating Stewart the giraffe's return from the Giraffe Trail in Cambridge. They even baked giraffe biscuits in his honour. Lucy baked in the kitchen, sourcing all the ingredients and making the biscuits on her own.

Stewart the giraffe also attempted to be a goalkeeper but unfortunately let in seven goals. Stacey got creative with the 'welcome' banners, using a range of materials and colours, all sourced by herself. Sessions are centred on building independence.



Explore 4 More Mini Olympics

Abington Day Opportunities recently hosted a successful Explore 4 More mini-Olympics day complete with fun games, medals, and certificates.

Thomas stood out by winning both games and taking home a medal and certificate. Participants also brought special items from home for a race, with Stacey's Dobby from Harry Potter being a highlight.

Everyone thanked Explore 4 More for the donation of trophies and for providing a gazebo. Their support made the day enjoyable for everyone involved.



Abington



The Cambridge Building Society - volunteer gardening



We welcomed a team of volunteers from The Cambridge Building Society to help tidy up the rear garden and make the pathway around our large site more accessible for our customers. Look at the images below which show the brilliant work they carried out.



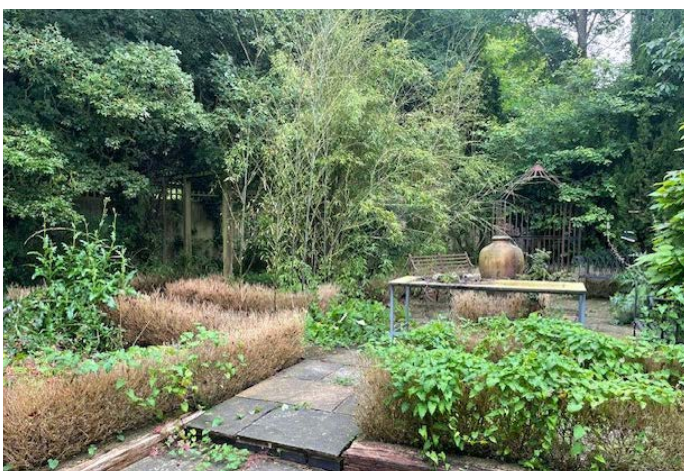
Abington



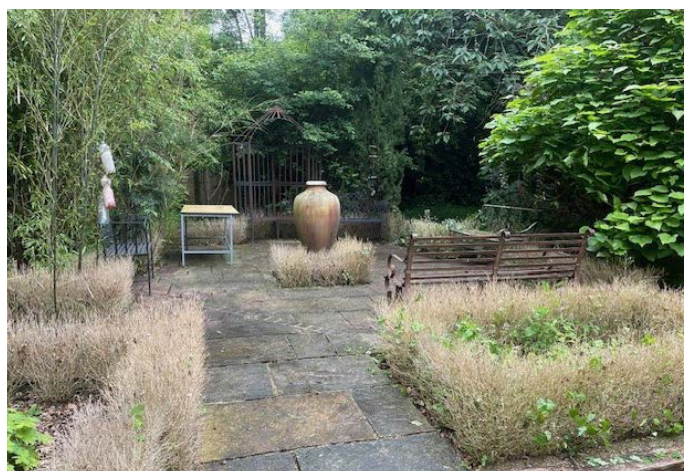
Before



After



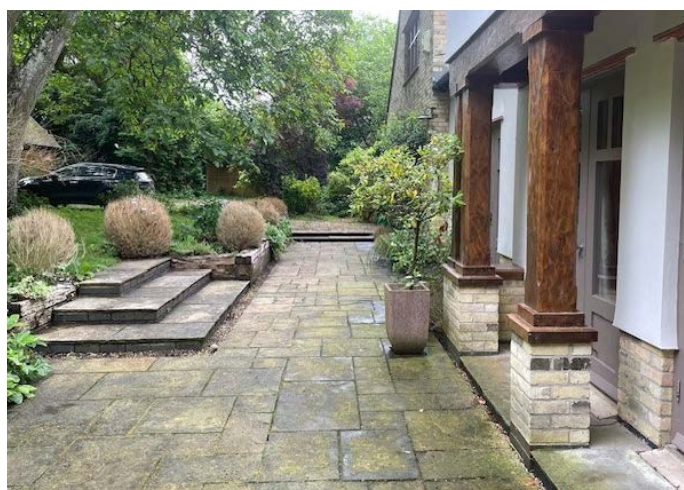
Before



After



Before



After

Now open on Friday's

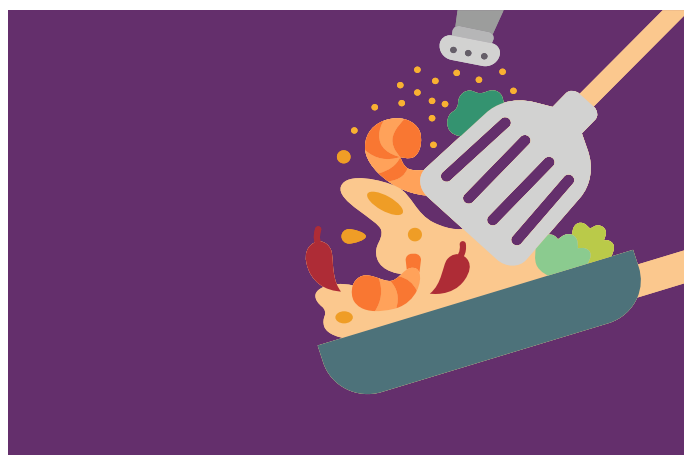
Huntingdon Day Opportunities hosted an open day to mark their new Friday hours. Customers were thrilled to welcome Deputy Mayor Councillor Audrey McAdam and her consort, Councillor Steve McAdam, who officiated the opening by cutting the ribbon.

Following the ceremony, the Deputy Mayor delivered an engaging talk about the history and role of the Mayor's office in Huntingdon, before talking with customers. Customers enjoyed talking about the activities they do at Day Opportunities and visitors enjoyed the delicious cakes and biscuits that had been made and decorated by customers for the celebration.



Cooking session

Customers at Huntingdon Day Opportunities chose a nutritious vegetarian recipe for their cooking session, resulting in a delightful and healthy coconut tofu curry. The dish featured a vibrant array of vegetables, making it visually appealing. It was simple to prepare, and the final product was a hit - Kris said he plans to recreate it at home.



Grand Arcade drawing competition

Congratulations to Carly from Huntingdon Day Opportunities for winning the Grand Arcade's 'Design a Red-Carpet Movie Star Giraffe' competition. Her drawing of the giraffe named 'Lofty' will be transformed into a soft toy. The customers participated in the competition after visiting their giraffe, Gerald, which was created for Cambridge Standing Tall 2024 and displayed at the Grafton Centre. Well done, Carly!



Coneygear Centre

The Huntingdon Day Opportunities Gardening Group was pleased to attend the annual visit from the Anglia in Bloom judges to assess Huntingdon in Bloom. They gathered at the Coneygear Centre, where our customers volunteer in the community garden.

Customers engaged with the judges, sharing details about their work in the garden and their enjoyment of contributing to the local community. After, they had a lovely lunch, providing an opportunity to chat and celebrate with the judges and other volunteers.



Huntingdon



Cambridge

Deloitte volunteering

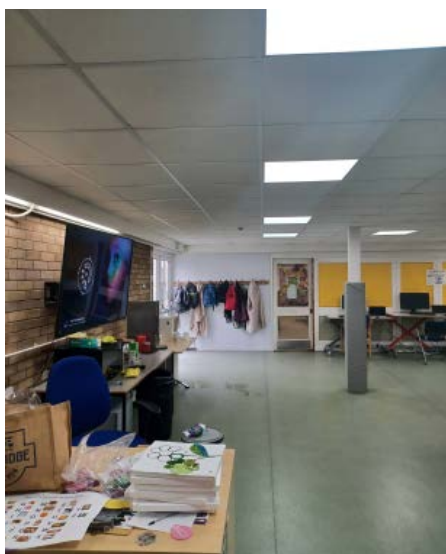
Recently, over 40 Deloitte employees dedicated their time and effort to enhance the Cambridge Centre and its surrounding garden. While we anticipated that their contributions would be impactful, we are amazed by how much they achieved and how beautiful the centre and grounds now appear. A heartfelt thank you to Deloitte; our customers and staff are very grateful.





Before

After



Before

After

After

The Cambridge Building Society Volunteering

A team from The Cambridge Building Society recently visited our Cambridge centre to decorate the staff kitchen and the new employment office. The results of their hard work are evident in the below photos. Thank you so much for your efforts!



Before

Before



Cambridge



After



After



After

BBQ and games day

Our Cambridge customers had a wonderful time at our games day and BBQ. They participated in a variety of enjoyable activities, including kurling, boccia, parachute games, and basketball. Customers enjoyed the event and a break from their usual routine.



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Case study: Matt

In August, Matt joined our Cambridge Day Opportunities team as our new Activities Facilitator.

Can you tell us about your previous experience as a 1-to-1 Support Worker and how it prepared you for your current role at Papworth Trust?

I was a 1-to-1 support worker for 14 years, part of that time was spent supporting a gentleman who attended the Cambridge Centre which prepared me well. I have a good idea of a lot of the activities provided at the centre and feel confident in bringing new ideas in.



What motivated you to transition from a Support Worker to a full-time employee with Papworth Trust?

I have a lot of experience of providing support to an individual person and I was excited about being able to provide more support for a selection of people at the same time. Being a Support Worker is a very individual job and you spend a lot of time on your own, moving into the organisation and being part of such a friendly and passionate team has been a really great experience.

What are your current responsibilities at Papworth Trust, and how do they differ from your previous role as a Support Worker?

I will be planning and running activities which I haven't done before. This is a new experience for me as previously my focus was on supporting one person to engage in activities and now I get to organise a larger group.

Can you share a significant achievement you are proud of since joining Papworth Trust full-time?

I have been with the organisation for two weeks so far and I am sure that many more significant achievements will come to me but, for now my biggest achievement is the BBQ and games day. I ran sports sessions and helped with the serving of the BBQ, and it felt like great teamwork.

New sign in the entrance hallway

In addition to new paint and a team effort on our grounds, the Cambridge centre has just received a brand-new sign in the entrance hallway! Feedback for the new sign was good across the board. Further upgrades will be coming in due course to our centre so stay tuned!



Cambridge customer led newsletter

Our Cambridge customers have begun their newsletter writing sessions. The sessions began with Mark, Activities Facilitator, taking to them about what makes a great newsletter.

For the first edition, customers had a great time interviewing our Service Manager, Zoe. Everyone took turns asking Zoe about her role at the centre and her hobbies outside of work. Everyone was eager to learn more about Zoe to help both current and new customers get to know her better.

To read the customer led newsletter please visit:

www.papworthtrust.org.uk/day-opportunities/Day-Opportunities-Newsletter/customer-led-newsletter/

Introducing...

**The Cambridge Centre
Boccia and Kurling
Tournament**

**Friday 13 September
10am to 3pm**



Supporting disabled people to be seen for who they are.



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