

# Day Opportunities News

## Cambridge

Edition 8

### Kings College

Activities Facilitator Mark has been exploring local attractions for the Out and About group. He discovered several museums and our largest college, King's, as part of his research. Recently, customers from Cambridge Day Opportunities visited King's College, where they enjoyed a guided tour led by a knowledgeable member of staff. The tour offered amazing sights, and the group captured some fantastic photos. The highlight of the visit was the promise of a return trip to admire the vibrant flowers on the back lawn during spring.



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# Cambridge



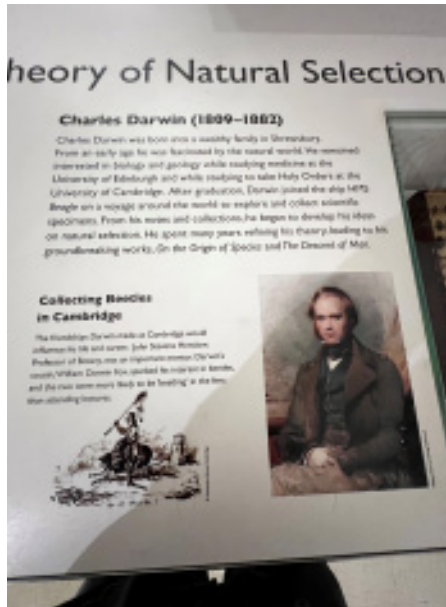
## Museum of Zoology

The out and about group also paid a visit to the Museum of Zoology in Cambridge. They learnt some interesting facts about Charles Darwin and how important his theory of evolution was to Zoology. There were plenty of interesting exhibits to look at although Charlie and Jackie said they didn't like the stuffed animal displays too much.





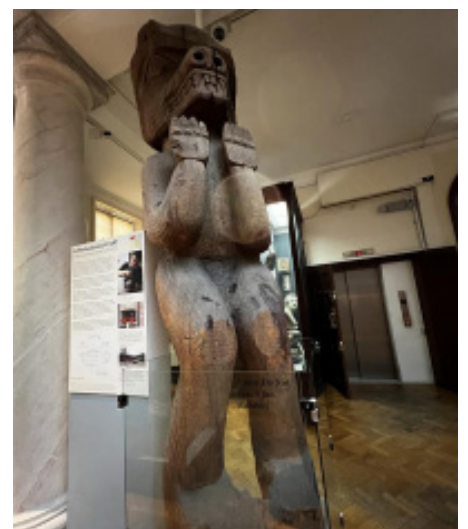
# Cambridge





## Museum of Archaeology and Anthropology

Customers took a trip to the museum of Archaeology and Anthropology . the customers found it really interesting seeing artifacts that were found locally in Cambridge and the surrounding villages. They also got to see artefacts from Africa, Egypt and Japan.





# Cambridge









## A trip to Grantchester

During a trip to Grantchester customers visited the orchard tea rooms. The orchard was originally planted in 1868. We also had a quick look to see some of the spots where the tv series Grantchester is filmed.





## World Down Syndrome Day

Papworth Trust was honoured to be invited to display their artwork at the World Down Syndrome Day event hosted by CIDDRG. Our customers showcased a variety of their favourite pieces, including their sock designs, Antarctica project, and step-by-step drawing course. It was a wonderful opportunity to be involved and highlight the talents of our artists. Thank you for having us.



# 21 March 2025



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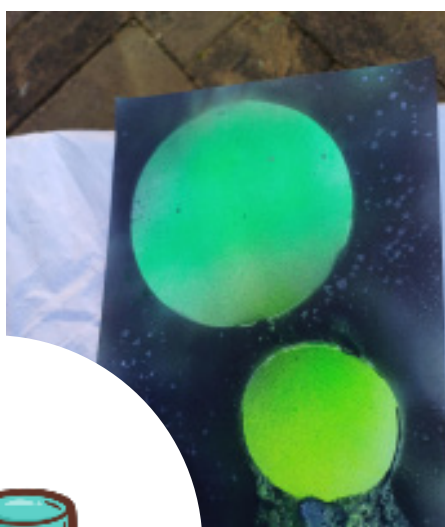
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# South Cambridgeshire

## Creating art

As we prepared for our move to Unity Campus, the team wanted to make sure customers felt included in the transition. To do so, they invited everyone to participate in creating artwork for the new space. The highlight of the project was the popular 'Graffiti Planets' activity, where each person had the chance to design their own canvas. The activity was such a hit that it stretched across multiple sessions, with everyone getting involved and sharing their creativity. The finished pieces look fantastic, and they can't wait to hang them up in the new centre.





# South Cambridgeshire

## Celebrating World Down Syndrome Day

In honour of World Down Syndrome Day on Friday 21 March, South Cambridgeshire customers took part in a fun and creative competition to design their own unique pair of odd socks. They had over 25 exciting entries, with lots of imaginative designs. After careful consideration, Katie's design was selected as the winner.

As the prize, Katie's winning design will be featured on a pair of custom socks. Katie shared her surprise and excitement: "I was completely surprised, and I enjoyed it as I don't always take part competitions. I have gained confidence and will enter more competitions".





# South Cambridgeshire

## Supporting Jimmy's Homeless Shelter

A group of customers from South Cambridgeshire recently came together to raise funds for Jimmy's Cambridge, a charity dedicated to supporting individuals experiencing homelessness in the area. The group began by discussing the challenges faced by individuals experiencing homelessness. They also reflected on the comforts they value in their own homes.

Stacey, a customer at South Cambridgeshire, took the lead in organising the fundraising event. Her planning resulted in a day filled with activities, including cooking sizzling sausages and a 'beat the staff in goal' challenge. They raised £53.00 for the cause.

The group is eager to visit Jimmy's Cambridge to see firsthand how their contributions will support the homeless community.





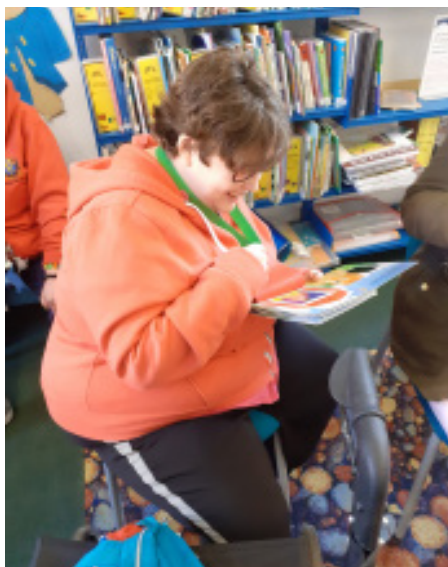
## World Book Day

On World Book Day customers took a journey to Huntingdon Library to explore all the books on offer. On the way they were delighted when they passed The Attic charity shop, where they were invited in to each choose a book from their shelves! They then went to the library where they were able to explore books for all ages and interests and found sensory books, books with jigsaws, and many others. It was a wonderful day that celebrated both the joy of reading and local community kindness.





# Huntingdon

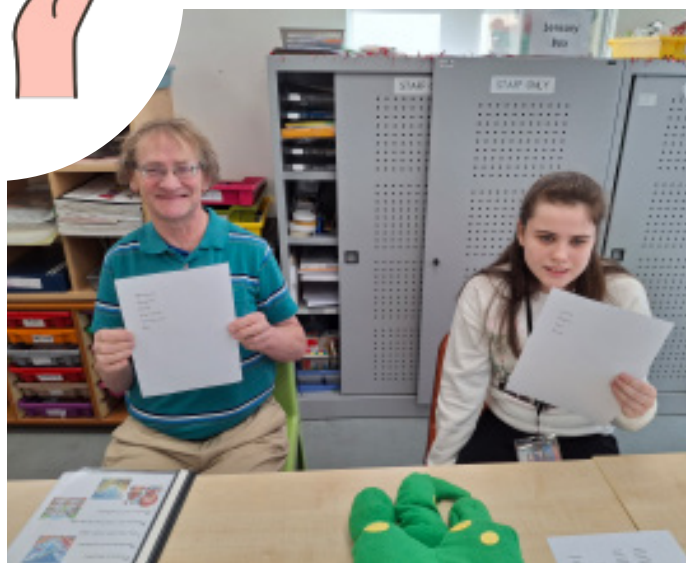




## Celebrating, kindness and happiness!

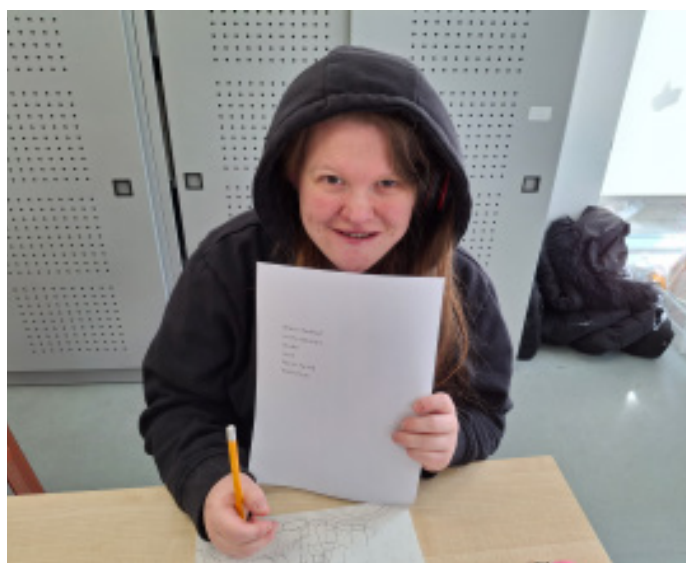
Customers have been spreading joy and positivity, celebrating both Random Acts of Kindness Day and International Day of Happiness in truly heartwarming ways. On Random Acts of Kindness Day, each customer thought of kind words to describe their friends using the letters of their names. It was lovely to see such thoughtful and positive words shared between friends. The smiles and warm feelings were infectious, and it was a great reminder of how uplifting it is to be kind to one another.

On International Day of Happiness, customers created a Tree of Happiness. Each customer wrote something that brings them joy on a leaf and added it to the tree. From little things like favourite hobbies to big moments of personal happiness, the tree filled up quickly with love, gratitude, and positivity. It was a lovely celebration of the things that light up our lives.





# Huntingdon

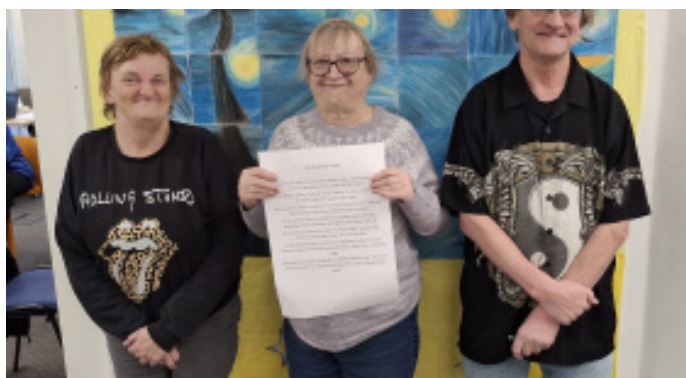




## Read and review

Our customers have been writing poems in 'read and review' sessions. They were over the moon when Michael Rosen, the famous author and poet, replied to one of our social media posts! The customers have been enjoying his poems, with two favourites being 'Chocolate Cake' and 'Goldie Socks and the Wee Bears'.

The sessions are lively and interactive as the group works together to discuss ideas and suggest their own rhyming lines to create group poems. Through these sessions customers are not only learning about rhyming schemes and the power of poetry to express emotions, but also developing communication skills and working together as a team. Customers also enjoy lots of laughs during these sessions and always look forward to the next.





# Supporting disabled people to be seen for who they are.



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