

# Day Opportunities News

## Ipswich



December 2023

## Boccia

Cameron, Sebastian, Stacey, Harriet, Robert, and Ollie recently took part in a Boccia tournament at Gainsborough Sports Centre to celebrate National Boccia Day. Sebastian said "The Boccia day was 10 out of 10, it was lovely, I came 4th place, and I got a medal, so I was happy with that. It felt great being there because I met up with old friends who I know very well, the crowd was great. I would love to go every year as I loved taking part in the sport. It was brilliant."







## Customer crafts

Customers have been making Christmas ornaments and bookmarks which are now up for sale. We also have homegrown carrots and tubs of pansies for sale by our gardening group.

## Snow day

Customers felt the Christmas spirit with a snow day in Ipswich!



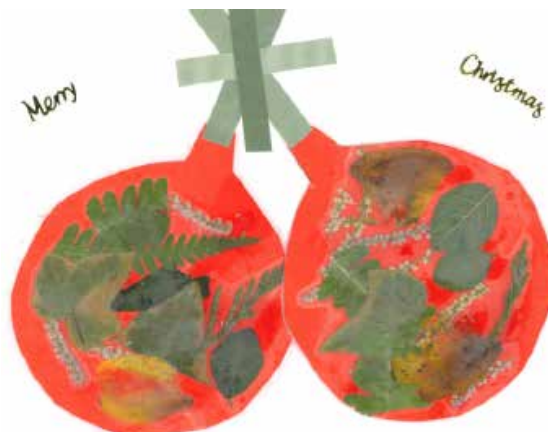
## Christmas tree



Kayleigh, Jess, and Katie teamed up to decorate and set up the Christmas trees for our end-of-year party. Their efforts added a festive touch, getting everyone in the holiday spirit.

## Christmas card winner

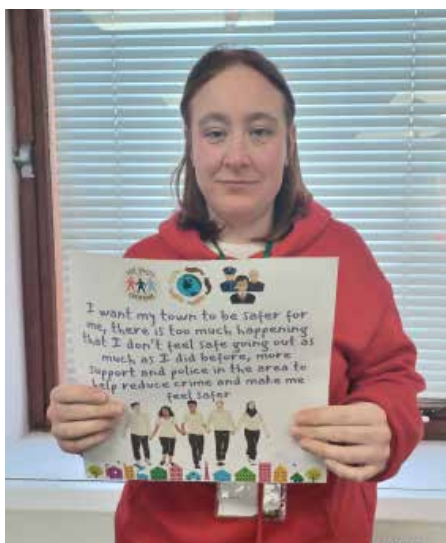
Every year Papworth Trust holds a Christmas card competition which is open to tenants and customers from across all areas of the organisation. This year's winner with their fantastic entry goes to our very own Ipswich Day Opportunities customer, Jessie Coe. As well as the design being the official Papworth Trust Christmas card, she also got a £20 voucher to spend! Congratulations, Jessie!





# International Day of Persons with Disabilities

International Day of Persons with Disabilities is an international day which has been promoted by the United Nations since 1992. It is celebrated every year on 3 December. In the run up to this year's International Day of Persons with Disabilities, we spoke with our Day Opportunities customers to discuss with them what changes they'd like to see to make their lives easier/better. Here's what they told us...



You may also want to read a blog we wrote called "Digital inclusion: Don't leave us behind"

[www.papworthtrust.org.uk/news-and-blogs/international-day-of-persons-with-disabilities/](http://www.papworthtrust.org.uk/news-and-blogs/international-day-of-persons-with-disabilities/)

## Children In Need



This year, Jamie, Harriet, Sharon, and Karen joined in celebrating all things Pudsey. We had two choices for the celebration: burpees, or 'Pudsey bearpees,' and a spotacular activity. We opted for the spotacular option! Everyone was encouraged to dress up in spotty clothing, contributing a £1 donation that will be directed towards Children in Need. Additionally, we crafted Pudsey-shaped cupcakes, a photo frame, photo props, bunting, and a money box to add a festive touch to the occasion.

## Ipswich Football Club

Adam, Cameron, Glen, and Ollie participated in a football session held at Ipswich Football Club. During this activity, customers had the opportunity to receive training from qualified Ipswich Town staff, aimed at enhancing their sporting skills and boosting their confidence.



# Supporting disabled people to be seen for who they are.



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