

Day Opportunities News

Basildon

Edition 7

Travel Training

Our customers are actively participating in travel training sessions to boost their confidence in public spaces and transportation, supported by the local community. They are mastering timetables, ticket purchases, road safety, and handling unexpected challenges like late buses. Recently, they visited a local supermarket to shop for items and improve their financial skills.

This activity is empowering individuals to navigate the world with confidence and independence.





Mosaic Making

Customers were accompanied to Basildon town centre for a community workshop on mosaic making. Activities Facilitator Katie and our Horticulture support Nikki provided support to four customers - Billie, Vicky, Jade and Ella. The group thoroughly enjoyed the experience and were able to take their creations home.



Wat Tyler Country Park

Customers had a blast at Wat Tyler Country Park recently. They met the amazing Tiff, who taught them how to craft pencils from willow stems. After embedding graphite in the middle, they sharpened them to perfection. Then, it was fire-making time with a metal flint, followed by marshmallow roasting! Swinging on trees, lounging in hammocks, and even some archery added to the fun. What an unforgettable day!



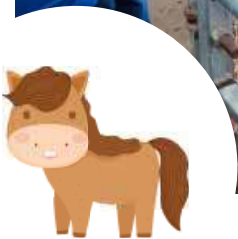
Barleyland volunteering

Our customer enjoyed a day volunteering at Barleylands Farm. They pitched in by filling bags of goodies for the animals, feeding them and even spotted adorable baby lambs.



Barleyland volunteering

Our customers visited Barleylands farm again, this time for leisure. They opted for a change from their usual bowling session and spent the day at the farm. Customers were fortunate to witness baby piglets being born! They also experienced a tractor ride and relished feeding and stroking the animals.



Garden project

Nikki, Basildon's Horticulture support, recently launched her 6-week gardening project! Our customers prepared for the spring/summer season by enhancing their gardens. They have already started by planting some beautiful geraniums! Keep an eye out for further updates on their green-thumb adventures.



Kindness session

Dan, our Activities Facilitator, led a heartwarming session focused on spreading kindness! An inspiring group discussion took place on various ways to spread kindness, followed by everyone sharing something kind with a friend. During their arts and crafts session, customers created beautiful kindness posters that we proudly displayed.





Tree Tops Provision

Last year, our centre had the pleasure of hosting Tree Tops 19+ provision, and in November, they reciprocated the visit. This time, it was our turn to play host once more! Val and Patricia, our fantastic Activities Facilitators, prepared a delicious spaghetti bolognese for approximately 30 people. After savouring the hearty meal, they spent the afternoon singing and dancing to their hearts' content with some karaoke fun! The enjoyable time had already sparked plans for more visits this summer.



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