Opportunities Without Limits **NEWS**

Basildon

January 2022

Driving back to the sixties

The team held a 1960s themed party where staff and customers made a camper van photo prop. Maggie said "It was great fun and everyone enjoyed themselves. You could dress up if you wanted, and it was great to have Scott Tracey from Thunderbirds and Elvis join in the fun!"















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Driving back to the sixties





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Cooking

In our cooking sessions Sue, Julie and Sean made a lovely Shepherd's Pie from scratch. We hope it tasted as good as it smelt.



Travel Training

Travel training is a really important way of supporting our customers to gain confidence and independence in a safe environment. Rhys (pictured) was part of our travel training group who went to Pitsea and whilst there they went to the shops to pick up the items needed for our cooking sessions.





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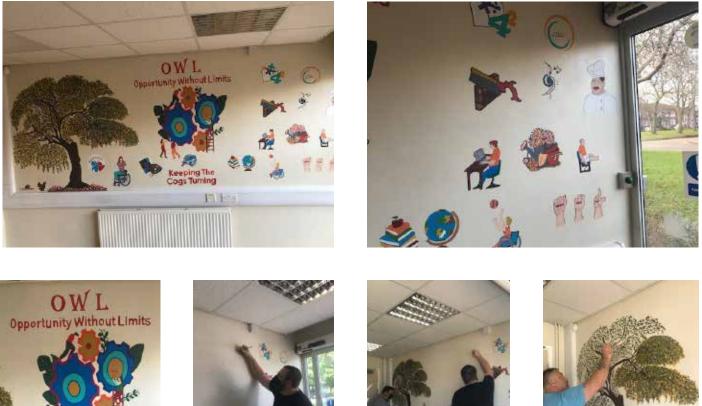
Getting the garden ready

Connor made the most of the winter sunshine by helping in the garden with some weeding. As many of you will know, we have a fabulous garden at our Basildon service and we can't wait to see it in full bloom again.



Keeping the cogs turning

What do you think of our new mural in our reception area? This amazing creation has been put together by two of our wonderful volunteer James, with help from Connor. James has spent many hours creating this to reflect all that we are under the theme "keeping the cogs turning". We hope you like it.













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