

# Opportunities Without Limits News

## Cambridgeshire

Edition 2

### South Cambridge



### Funding received from Cambridge Community Foundation

We were delighted to receive, in September 21, a grant from Cambridgeshire Community Foundation, that allows us to purchase a broad range of sensory equipment to support our customers. On Tuesday 22 February we received a visit from CCF, to see how we'd spent the funds. We were able to show them our new sensory room on the ground floor and the 'soon to be complete' sensory room on the 1st floor. Encapturing the stunning natural environment of GreenAway, we have incorporated many plants and herbs, into the ground floor sensory room.

### Melbourn Dynamos OWL's Football Team return to training

Our centre football team 'Melbourn Dynamo OWLS' have signed up to play in the FA parability league, with tournaments starting in Spring 2022. This will be their 3rd season in the tournament. The team started training in February and were thrilled to have longer training sessions as they can use the front lawn for light football practice, rather than having to travel 20 mins to the nearest training pitch.



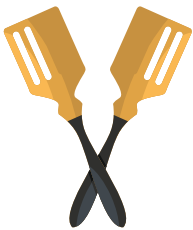
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## Cooking sessions are back!

Our centre hasn't been able to run cooking sessions, since 2018, due to not being in a 'fit for purpose' building with a kitchen. Our customers were absolutely thrilled to start cooking sessions again recently. They've made lamb chops and roasted vegetables, pasta bake and vegetable soup.



## Support Received from HSBC

Papworth Trust has been lucky enough to receive funding and 'hands on' support from HSBC at our Cambridge Centre. We met with HSBC in February, after they donated money to allow us to purchase resources to deliver 'orienteeing and nature craft' sessions at GreenAway. They are also looking to run 'Money Management' sessions, to our customers, in the coming months. We are also planning several 'hands on' days, where a group of staff will visit GreenAway and spend the day with us tending to the allotment on site.

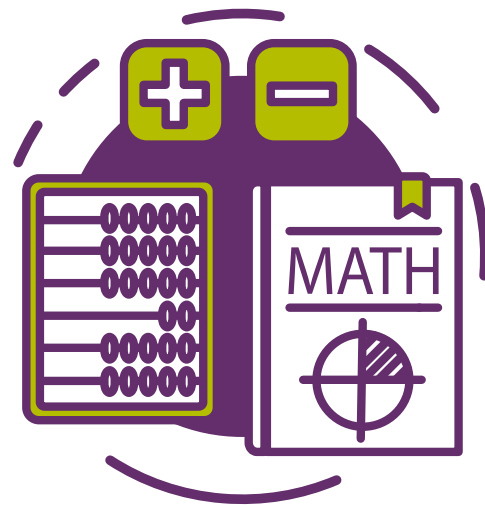


## Kenya

Our 'Around the World' group has recently been looking at the culture of Kenya! Did you know that a lot of our vegetables in supermarkets come from Kenya? Or that the language spoken there is Swahili? We've also been exploring what you can do in Nairobi, the capital city!

## Maths

Customers at Saxongate have recently got to know how to use fractions and percentages in their day to day lives! We've used the recent storms to look at how we'd work out how many fence panels are needed to repair our gardens boundary fence. We've also looked at how we work out the total cost of something in a 50% off offer in a shop!



"Matthew came into OWL Bikes in February, looking for a trike for his daughter Sophie, who was desperate for some freedom and independence, through cycling.

We'd recently had one donated and our team and trainees were thrilled to be able to repair and rebuild it for Sophie.

← **OWL  
Bikes**



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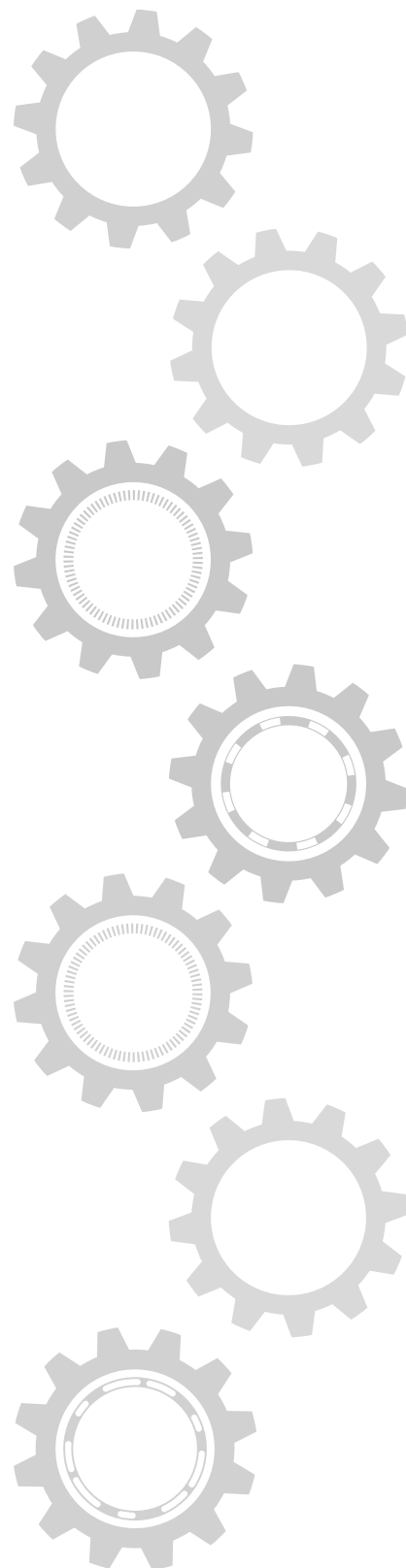
We were thrilled to see Matthew, Sophie and her sisters on Saturday, when they came to collect the trike. Matthew told us earlier this week that Sophie is so excited to now be able to ride a bike, like her sisters."



## OWL Bikes

Hawthorn Way,  
Cambridge,  
CB4 1AX

Repairs and sales  
open Monday to  
Friday 9am-5pm  
and Saturdays  
9am-4pm



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# Mayor of Cambridgeshire and Peterborough



**We were delighted to welcome Dr Nik Johnson, Cambridgeshire and Peterborough Mayor to the Cambridge centre to showcase our Opportunities without Limits, OWL Bikes and Employment services. Customers from our Opportunities Without Limits began with an insightful Q&A session...**

## **1) Do you like being the Mayor and is it how you expected it to be?**

I never expected to be a Mayor but I love being it because I get to meet you and see the great work of organisations like Papworth Trust. I originally came from up north and moved to Cambridgeshire because my wife started work at Addenbrookes hospital; I followed her in my training. I'm a doctor by profession and I still continue to work as a doctor half a day a week. I love being Mayor, but there's still a lot to get used to.

## **What is the best thing about being a Mayor?**

It's definitely meeting new people and tackling new challenges. My passion for politics started with my work as a doctor and seeing the health inequalities that exist in society.

There are so many things that affect your health like where you live, what your house is like, your schooling, whether you have a job and what that job is. People who are born into wealthier households will have far better health than those who live in poverty. In my opinion Cambridgeshire is one of the most unequal areas.

I want to change that and make it more equal in terms of opportunities and outlook. I am a great believer in the 3C's – you start with compassion, you work in cooperation with those around you and you support the community.

## **What is the one thing you would change as Mayor?**

I would like to see a better bus network around Cambridgeshire. Buses are so important for connecting communities but also for helping to reduce our carbon footprint. I believe we need to look again at buses with a fresh pair of eyes.

## **What are your thoughts on social care funding and how it impacts disabled people?**

Social care funding will never be enough to meet the demand for it. If I had a magic money tree, I would love to see it distributed more fairly. I also believe unpaid carers need more support, they are truly amazing.

## **Finally, what do you do to relax...?**

I like sport. I enjoy watching football and this morning I went out for a jog before starting work. I like to look after my health. I have a wife and three children and together we enjoy the arts – going to the ballet and going to the theatre.

# Mayor of Cambridgeshire and Peterborough



- 1) DO YOU LIKE BEING MAYOR?  
IS IT WHAT YOU EXPECTED
- 2) WHAT IS THE BEST THING ABOUT  
BEING THE MAYOR
- 3) WHAT IS THE 1 THING THAT  
YOU HOPE MOST TO ACHIEVE IN YOUR  
TIME AS MAYOR?
- 4) WHAT ARE YOUR THOUGHTS ON  
SOCIAL CARE FUNDING AND HOW  
IT IMPACTS THE LIVES OF THE  
DISABLED COMMUNITY IN CAMBRIDGESHIRE
- 5) WITH YOUR BUSY SCHEDULE  
WHAT DO YOU DO TO RELAX  
AND TAKE YOUR MIND OFF THINGS?

# Supporting disabled people to be seen for who they are.



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