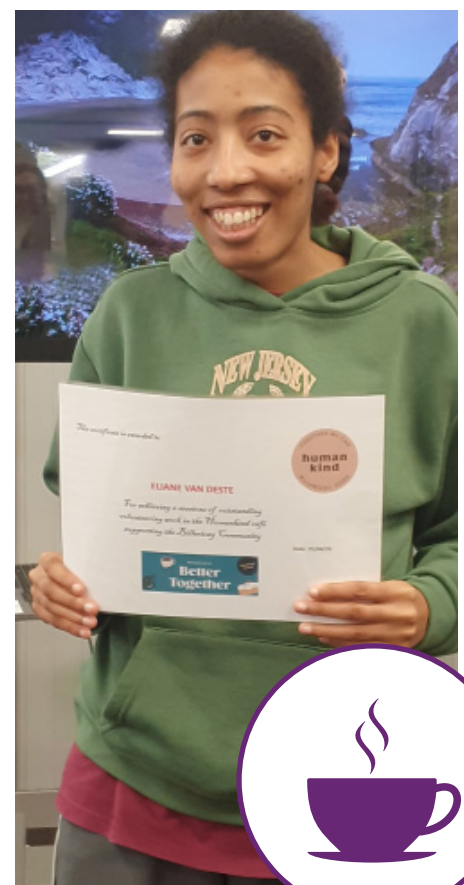


# Opportunities Without Limits News

Basildon

Edition 5

## Human Kind Cafe Billericay



Huge well done to Eliane, Jade and Lawrence, customers at our Opportunities Without Limits centre in Basildon, all of them have completed their 6 week volunteering placement at the Human Kind Cafe.

We hope to build on this experience by volunteering at the cafe in the future. The life skills that the customers gained will enable them to become more independent in their home environments undertaking tasks that they learnt on the programme with greater confidence.



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01268 663220

Papworth Trust, Bradbury House, Witchards, Basildon, SS16 5BP

Registered charity number 211234

# Rock Choir

Customers were joined by a local rock choir. They were amazing, and everyone had a brilliant time.



## PCS Legal BBQ celebration



We had a fantastic BBQ celebration at our Opportunities Without Limits Basildon Centre, expressing our appreciation to our Ride London Essex participants from PCS Legal, who recently took part to raise money for the centre. It was a great BBQ with tasty food and dancing for customers and staff. The centre also had a special appearance from David Hurst, Deputy Lieutenant of Essex!



# PCS Legal BBQ celebration





# Sensory Sessions



Customers enjoy sensory sessions at our centre. Josh and Tony have been experimenting with bubbles while Jayden has been exploring sensory experiments with slime!





# Ford Credit Volunteering

Twelve dedicated volunteers from Ford Credit generously gave up their day to make a positive impact.



**Their mission for the day included:**



- Repairing and painting the window frames, adding a fresh touch to the exterior



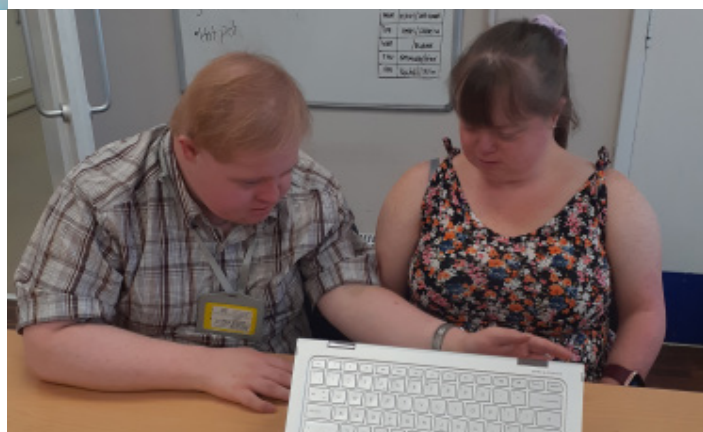
- Modifying raised beds for easier access, making them more customer-friendly
- Transforming the toilet area

Their hard work and commitment truly paid off, as they made a massive difference. A big thank you goes out to Ford Credit and Basildon CVS for making this connection possible!



## Deloitte Maths Sessions

Jade, Ella, Emily, Mark, Leanne, and Michael enjoyed a thrilling math session on our new Deloitte laptops!





## I love it here at Papworth Trust

I love it here at Papworth Trust,  
The staff's enthusiasm to help disabled people, never seems to rust.  
Even Patricia, who has just joined the team,  
Listens to what I have to say,  
And says how my poetry makes her feel, which makes me beam.  
At first I was full of fears,  
That I wouldn't fit in,  
But then I realised it must be a reward place, if Bernard has worked there for over 20 years.  
Everyone is friendly,  
And each session makes me listen intently.  
I don't get bored,  
And I feel like I have lots of new information that I  
have learnt here stored.  
Most importantly, I feel valued.  
And I need to give my gratitude.  
To Papworth Trust  
Where the staff's enthusiasm to help disabled people  
never seems to rust.

**-Billie, Opportunities Without Limits Basildon customer**



# Staff Day

Customers, parents, and carers joined us for a picnic to show their appreciation for the hard work our staff put in every day.

They had a visit from the Ladybirds Song Group a local ladies singing group that had all the customers dancing along and joining in. Everyone had a great time dancing, enjoyed some delicious refreshments courtesy of Billie, and Rhys serenaded us with his fantastic singing! Thank you to everyone who made 'Staff Day' unforgettable.





# Staff Day





# Staff Day







## West and Coe Grant

West and Coe Funeral Directors hosted a golf day over the summer to raise money for local charities. Bernard and Zoe attended the presentation event which was an afternoon tea at Laindon Hills Golf and Country Club. It was a momentous occasion as we received a generous donation cheque amounting to £1,000 from West and Coe. We extend our heartfelt gratitude to West and Coe for their invaluable support, enabling us to sustain the meaningful work that brings us amazing joy.



# Meet Zoe, our new Case Worker

As the case worker for Basildon it is my role to ensure all risk assessments, support plans, permission sheets and PEEPS (personal emergency evacuation plans) are in date. I respond to all referral queries, and go through the referral process (booking taster day, follow ups, initial assessments etc). When new customers start at Papworth Trust I complete their initial support plan and meet with them regularly to ensure they are comfortable and happy with the choices they have made. I also attend networking events such as forums and face to face events to promote the service, seek out new opportunities that will benefit our existing customers, meet and greet potential new customers and give information about our service.

## What were you previously doing before this role?

Before I started my new role, I was an Activities Facilitator in Basildon. I planned and delivered a range of activities to our customers to encourage them to learn new skills, develop their knowledge and understanding and reach their dreams, wishes and aspirations. It was my duty to ensure all our customers needs were being met and reviewed this on a regular basis.



## What's an average day look like at the moment?

An average day consists of me opening my laptop, checking and responding to any emails, checking the intranet for updates then I open my calendar to check any appointments I may have that day. I greet the customers between 9:30am/10:00am when they arrive, I then start with my daily tasks. I like to keep a 'todo' list which I update regularly. At 3:30pm when the customers leave I have a brief casual talk with Activities Facilitators to discuss the day and get any updates needed. I like to spend the last hour of the day researching events and different places with potential new customers and opportunities for existing customers.

## What changes have been implemented since your arrival at the centre?

As I was an Activities Facilitator previously, changes have been made regularly over the years I have been here. I have adapted to the new paperwork, formatted customers files into yearly folders for easy access and I have made a spreadsheet which clearly states when customers reviews, risk assessments, PEEPS (personal emergency evacuation plan) and permission sheets are due to be updated by turning red the month they are due. Maggie and myself and the Activities Facilitators have discussions regularly about the centre and how to get the best outcomes for customers and will implement any changes needed as they arise.



# Supporting disabled people to be seen for who they are.



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