

Ipswich

Papworth Trust Day Opportunities



We are here to help

Papworth Trust

We offer a rich and diverse programme of recreational, learning and employment opportunities from our centre's facilities in Ipswich and the wider Suffolk community.

Situated close to the town centre, we benefit from excellent links to local transport and neighbouring community projects.

We're a super friendly and welcoming service with enthusiastic, skilled and experienced staff and volunteers who support individuals to achieve their personal goals and aspirations.

On joining the service, you will be assigned a dedicated Caseworker. Who will solely focus on your progression and outcomes you wish to achieve, in addition to our ongoing activity sessions. Working closely with you the Caseworker will create a personalised support plan and an action plan to ensure the service meets your needs.

Our fully accessible building accommodates multiple group activities creating an inclusive environment and vibrant atmosphere.

Our sensory garden, nestled away from the busy goings on provides a beautiful haven to escape and enjoy the outdoors.

Registered charity number 211234

Our schedule of activities is ever evolving and features an extensive range of group sessions encompassing:

- Yoga
- Gardening
- Cooking
- Music
- Nature watch
- Out and about
- Art
- Numeracy
- Sports and Games
- Community volunteering and work opportunities



For further information please contact: Emily Grace

emily.grace@papworthtrust.org.uk

01473 211671