## South Cambridgeshire

## Papworth Trust Day Opportunities

















We offer a wide range of fun, educational, and social activities for everyone to enjoy in our day service in South Cambridgeshire. Unity Campus, found in Sawston, has lots of space inside and out with good links with the local community.

Our activities are designed to encourage learning, improve confidence and communication, develop life skills and support people to have healthier, happier lives. Our team makes sure every activity is designed to meet different needs, so everyone can join in and enjoy themselves.

On joining us, you will meet with Gail, our Service Manager, to chat about what you're hoping to achieve and what matters most to you. We will support you to focus on your progression and outcomes. Together, a personalised support plan will be created alongside an action plan to ensure the service meets your needs.

Our friendly and experienced team run activities that make everyone feel welcome and included, while offering support that's tailored to help you grow and reach your potential. We're always refreshing our activities with our customers to suit different interests and abilities, making sure there's something for everyone to enjoy and look forward to.

We are always looking for feedback to improve and offer more!

Some examples of the activities we provide are:

- Sensory Art
- Fun Science
- · All Around the World
- Tai Chi
- Get Active
- Baking

We even have our own FA Registered Football Team who take part in tournaments!



For further information please contact: Gail Williams gail.williams@papworthtrust.org.uk 07817 958195