



# Orwell Walk

Walk it  
jog it  
run it



## Orwell Walk - Sunday 25 June 2023

Walk 13 miles, 19 miles or 25miles.

### Join the Papworth Trust team supporting disabled people across Suffolk

The Orwell Walk will be staged with three main routes to choose from, but with checkpoints every 2 to 3 miles, entrants can decide how far they wish to go. The three main routes are:

- **Levington Loop** (13 miles)
- **Fishponds Folly** (19 miles)
- **Orwell 25** (25 miles)

**Entry Fee** is only £17.50 for adults and £7.50 for children of 12 years and under.

#### **Start Times for Walkers:**

We invite all participants to raise £50 in sponsorship and will provide you with a Papworth Trust branded running vest to wear.

HQ opens at 7am for the walkers to start at 7:30am. The last departure for those walking the full 25 miles is 9am, but those walking a shorter route may leave up until 10:30am.

To register or find out more contact:

**[jo.revitt@papworthtrust.org.uk](mailto:jo.revitt@papworthtrust.org.uk)**

Or call **07792 569 851**