

2025 Impact report

**Papworth
Trust**

Papworth Trust has supported disabled people's equality, choice and independence for 108 years.

In this report, we'll showcase the positive impact we made across Cambridgeshire, Suffolk and Essex during the financial year 2024/25 (April 2024 to March 2025).



Day Opportunities

Our **5 Day Opportunities centres** provided **266 people** with learning disabilities with **58,466 sessions**. These reduce isolation, help people to take part in new activities and learn independent living skills.

The proportion of our customers who have shown evidence towards meeting their goal on:



89%

Learning and understanding



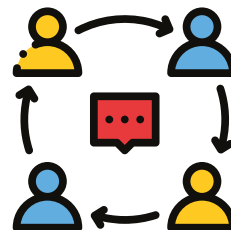
85%

Progress and contribution



87%

Health and wellbeing



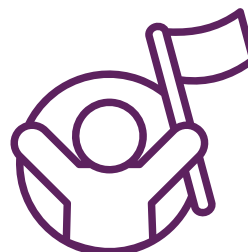
85%

Communication



97%

Interaction and social



63%

Independence

Adam's story

Adam joined Papworth Trust's Day Opportunities feeling uncertain and hesitant. Initially, he struggled with transitioning from his taxi into the centre and was reluctant to engage in group activities. However, with the encouragement of staff and a supportive environment, Adam gradually gained confidence.

A turning point was his participation in Activities Facilitator Geoff's gardening group, where he helped choose the Christmas tree for the centre and planted bulbs for the garden. His willingness to take on new challenges reflects his growing independence. Now, Adam enjoys outings with friends and defines confidence as "being brave, stepping out of your comfort zone, and doing things independently." He hopes to organise a cinema trip for everyone and improve his cooking skills. "To see Adam grow in his confidence has been lovely," says Lyndsay Murty, Service Lead. "We look forward to seeing him achieve his aspirations."



Employment

636

customers have been supported towards and into employment



167

customers on our Work and Health Programme were supported into sustained employment

299

customers attained paid work



1,046

customers have received support from specialist partners. This included skills training, support around visual and hearing impairment, and help for customers experiencing poor mental health, substance abuse or homelessness.



(Some of the 1,046 customers will have been double counted where they are signposted to more than one support service.)

Routeways to Work

In 2024/25, 55 participants engaged with our Routeways to Work Programme. Of these:



45 customers reported improved mental health



46 customers reported improved wellbeing



48 customers reported improved confidence



38 customers reported improved community engagement

Benjamin's story

Benjamin was eager to get back into work and, with guidance from Papworth Trust's Pioneer Programme, identified an opportunity at his previous workplace. Building his confidence, he independently approached the company and secured a work trial - leading to a full-time position in May.

Although the role has been challenging, Benjamin receives weekly support calls with his Support Manager, providing guidance, encouragement, and job search assistance for longer-term career goals. With continued support, Benjamin has built resilience, addressed concerns with his employer, and maintained his position. He credits the programme for helping him stay focused and motivated.



Care

Our **3 care services** have **delivered 156,388 hours** to **26 supported living customers**



Molly's story

At 28, Molly moved into Papworth Trust's Vange Place, transitioning from living with her parents to independent supported living. Initially unfamiliar with household tasks, she found the change overwhelming.

With personalised support, Molly learned essential life skills like cooking and budgeting, using picture cards and prompt aids created by staff. She has also embraced volunteering, supporting older individuals at Cleeves Place and preparing to volunteer at Addenbrookes Hospital.

Molly's goal is to move into her own flat, and thanks to the skills and confidence gained at Vange Place, she is on the path to independent living. "It is a privilege to see Molly progress towards her goal," says Sharon Cook, Registered Manager.



Housing

**672
homes**

Our 672 homes across the East of England enable people to live as independently as possible.



74% offer supported living



26% provide general needs housing



39% are wheelchair accessible



68% of our homes have been adapted for accessibility

63%

of tenants told us they are satisfied with the overall service provided by Papworth Trust



(up from 57% in 2022/23)

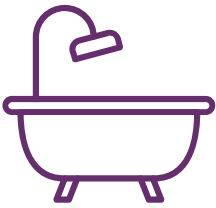
69% of tenants told us they'd had a repair carried out to their home in the last 12 months; of whom

75%

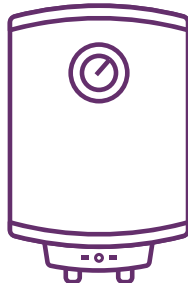
felt satisfied with the overall repairs service.

Housing

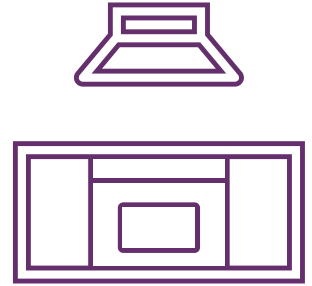
During 2024/2025 we upgraded:



20 Bathrooms



15 Boilers



26 Kitchens



6 Roofs



23 Rewires



15 Fences



**32 Window
and doors**



**78 External
redecorations**



**13 Internal
redecorations
(multiple units)**

Paul's story

Paul's life changed drastically after a hit-and-run accident left him with life-altering injuries. Discharged from the hospital during the UK lockdown, he had no support and was confined to his first-floor flat, struggling with basic needs.

Through community help, Paul applied for accessible housing via Papworth Trust's Choice Based Lettings scheme. Housing Officer Mandi Cooper met Paul when he viewed a fully adapted ground-floor flat at Temple Place.

Today, Paul enjoys his new home, where wheelchair access and a wet room support his independence. "I'm grateful for this opportunity," Paul says. "I can finally take care of myself again and look forward to new beginnings."



Disability Confident

We've supported **76** organisations to become **Disability Confident**.

Of these **2** have achieved



status with **1** organisation due to complete in May 2025.

We've attended **25** networking events and hosted **13** Disability Confident presentations at those events.



In March 2025, Costello Medical became a Disability Confident Employer, broadening accessibility for candidates and employees.

"The scheme helped us enhance inclusive practices in recruitment and workplace accessibility," says Charli Thomas, Talent Acquisition and Early Careers Manager. "We are grateful to Fleur Patten at Papworth Trust for her invaluable support, which was instrumental in achieving accreditation."

Our People

Staff

229

1 in 4

of whom have
a disability

Volunteers

47

Volunteers
donated

4,950

hours of
their time



8

organisations contributed **107 people** to support us during **12 events**.
This amounted to **547 corporate volunteering hours this year**.

Sam's story

After losing his job due to company closure, Sam struggled with anxiety and depression. Through Papworth Trust's Work and Health Programme, he received counselling, completed professional courses, and gained confidence.

Encouraged by his Support Manager, he volunteered at Day Opportunities Huntingdon, leading activities for customers. His dedication led to a permanent role as an Activities Facilitator, where he now runs sessions on IT skills, arts and crafts, and cooking, while also supporting social outings.

"It's the best job I've ever had," Sam says. "The team and customers make it a fantastic place to work."

Fundraising

13

Cambridge
Half Runners
raised £3,810

£57,522

raised from
Trust and Grant
donations!

Cambridge Half Marathon

On a surprisingly warm spring day, Papworth Trust's runners, including staff members Mica Covell and Marie Wright, joined 12,000 participants in the Cambridge Half Marathon.

Our 'cheer squad' supported every runner at miles 3 and 12. Marie said "As a first event for me, I found the atmosphere really enjoyable and was grateful the sun was out! I'm really pleased to have helped raised funds for the Trust."



Supporting disabled people to be seen for who they are.

***The numbers used in this report are correct
as of 10 April 2025.***



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Registered charity number 211234

Papworth Trust, 1 Saxongate, Bradbury Place, Huntingdon, PE29 3RR